

# Buddhist Teaching Methods and Application in Teaching Thai Traditional Medicine in Next Normal

<sup>[1]</sup>Khamolluck Phothiarunphat

<sup>[2]</sup>Kasem Saengnont

<sup>[1][2]</sup>Faculty of Education, Mahachulalongkornrajavidyalaya University, Thailand

E-mail: Khamolluck.ph@gmail.com

## ABSTRACT

*This academic article aimed to study Buddhist teaching methods and application in teaching Thai traditional medicine in next normal, and used qualitative method for the study consisted of research papers, reflection interviews, and then propose in the form of an academic article. The study found that Buddhist methods of teaching with style in teaching, all 4 aspects: 1) explain clearly like leading a hand to see with their eyes (Sandassanā), 2) invite them to conform until they have to accept and put it into practice (Samādapana), 3) encourage awakening to be diligent confident that it will succeed, not afraid of hardships (Samuttejana), and 4) comforts the mind to be cheerful, cheerful, joyful, listens without boredom, and is full of hope because he sees the benefits that he will receive from the practice (Sampahamsanā). In all four areas as an integrated teaching that is effective and to promote teaching and learning to develop potential to develop competence and to improve quality guiding students to combine new knowledge with old knowledge who have already studied to enable learners to learn faster and more accurately? Trying to find techniques that encourage students to apply prior knowledge to study new knowledge and find ways to help students study new knowledge as clear as possible as possible for learners to analyze and interpret new content on the basis of previous knowledge and experience together to form a new body of knowledge. Applying it with the highest quality and effectiveness is important and necessary for learning Thai traditional medicine both traditional and online. How is it necessary for these 4 processes to make the learners interested in learning a process? It is to learn happily, and understand the content of the last course, resulting in accuracy and knowledge of Thai traditional medicine, and it is also the development of knowledge to fight technology together as well.*

## Keywords

Buddhist Teaching Methods, Application in Teaching Thai Traditional Medicine, Next Normal

## I. INTRODUCTION

To achieve educational reform as specified in the National Education Act 1999, it is necessary to conduct research and development of new educational innovations to help solve educational problems in the form of research studies experimentation and evaluation of innovations or technologies used to determine how appropriate they are. There are many types of innovations that have been used in the past and that will be in the future depending on the application of innovation in various fields. Here we would like to mention that there are 5 types of innovation, namely curriculum innovation, instructional innovation, teaching media innovation, innovation evaluation, innovation management, curriculum innovation. It's a new method to develop a curriculum in line with the local environment and meet the needs of teaching more individuals, as the curriculum will always have to change to meet the technological, economic and social advances of the country and the world. In addition, curriculum development is also necessary to be based on theoretical concepts and philosophy of seminar management. Curriculum development based on such principles and methods requires new ideas and methods which is an educational innovation to help manage in the direction that needs curriculum innovation.

Curriculum educational innovations is a new method. To develop a curriculum that is in line with the local environment and meets the needs of teaching more individuals. This is because the curriculum is constantly subject to change in line with the technological, economic and social advancements of the country and the world. Curriculum development also needs to be based on theoretical and philosophical concepts. Curriculum development based on such principles and methods requires new ideas and methods which is an educational innovation to help manage in the direction of curriculum innovation in Thailand including the development of the curriculum [1] as follows:

1. Integration course is an integration of curriculum components together in science in various fields, ethical and social studies with a focus on students.

Being a good person can take advantage of knowledge in various fields in accordance with social conditions ethically.

2. Individual courses is a guideline for curriculum development for education.

Conventionally, to respond to the concept of individual education management which must design the system to support the advancement of various technologies.

3. Activity and experience courses is a process-oriented course in organizing activities and experiences for learners to

lead to success such as activities that encourage learners to participate in the lesson self-searching learning experience.

4. Thai traditional medicine program is the development of a curriculum that needs to be distributed local availability management to be consistent with the arts and culture environment.

And the well-being of the people that exist in each locality. It replaces the traditional curriculum that uses a centralized approach to development and can be summarized as curriculum educational innovations.

Educational innovations are new ideas, new forms, new methods, new techniques, new approaches that have been applied, creative and developed from the existing ones or creating new ideas with new wisdom to create things that are beneficial to education management in the non-formal education system and informal education. [2]

Teaching is the use of a systematic approach to improve and develop new teaching methods that can respond to individual classes. Learner-centred teaching participatory learning problem solving learning. The development of teaching methods requires new methods and technologies to manage and support teaching and learning through computer networks and the internet [3] and teaching innovation is what is brought into the organization, teaching activities to make teaching more effective. It may have been invented before or invented. Often it is a concept or method such as a teaching style or instructional media can be divided into 3 steps, namely: 1) Creation after studying the problem condition, principles and reasons for the creation are carried out in steps such as writing objectives, laying out structures, writing procedures for using suitability tests, trial with a sample then fix and improve. 2) Applying innovation make a manual to prepare personnel 3) Evaluation identifies what needs to be measured to match the objectives set by using measuring tools to suit the nature of the data. In the teaching section, there may be a variety of methods but in Buddhism Some studies have been conducted such as Buddhist Teaching Methods [4] The Buddha's teaching method with learner-centred integration [5] Kasibhāradavājasutta: A Buddhist Method of teaching [6] used to teach Thai traditional medicine in the new way of life which will be studied and presented further.

## II. BUDDHIST METHODS OF TEACHING (LEELA)

### 1) Teach clearly (Santassanā)

"This is the teacher's goal and the student's collective goal is necessary at a high level because the Thai traditional medicine profession is a profession that has to be accurate because we have to work with patients to stand on the life-to-life risk line. Therefore, teaching to be knowledgeable or learner must clearly understand is the objective of education in every field of profession." [7]

"Agreed, as it is a form of learning practice. and reference the theory, it is necessary to understand the content, process (practice style) to be understood, clear" [8]

"Very agree in learning Thai traditional medicine, teachers have to show medicinal plants to explain to students clearly, such as the name, form, flavor, cleavage, color, and what their properties are along with having to have different cases to show and teach students or learners to see clearly and be the main goal that must be present in the teaching and

learning process, if taught clearly and correctly learners or students will be able to implement and be perfectly correct." [9]

"Teaching management in a way that allows learners to have clear knowledge and understanding, clarity (Sandassanā), also called 'active learning', is essential in learning management in today's society especially teaching Thai traditional medicine that is not just to know but can implement it for himself and others too. Because it will lead to teaching and learning that promotes the development of brain potential such as thinking, problem solving and applying knowledge. Learners participate in teaching and learning in terms of creating a body of knowledge creating interactions collaborate over competition It's kind of helping each other out because knowledge comes from experience knowledge building and a summary of the student's review. It will be of great benefit in applying it." [10]

"Necessary, but not completely clear in every aspect, because it relies on the holistic approach of Thai traditional medicine to integrate in teaching. Because the body of knowledge of Thai traditional medicine is a holistic treatment. Therefore, we must integrate holistically" [11], have hands-on hours even with clear media but taking action in practice is important to remembering to the most confident in the profession. [12]

"It is absolutely necessary because in the past it was the weakness of transferring knowledge of traditional Thai medicine from ancestors in the form of Thai traditional medicine wisdom." [13]

"It is necessary to communicate clearly whether it's language, teaching media, as well as the power that comes from the heart to convey to stimulate the mind like students are in the classroom. The atmosphere in teaching and learning must be appropriate." [14]

"You have to teach clearly because the language used in teaching Thai traditional medicine. It is a language in which Pali is involved in every subject and every scripture must have a Pali language. The older generation will understand the language clearly and understand more than the present. Therefore, teachers must explain and teach everyone to understand clearly, for example, Patavī means earth, Apo means water, Vayo means wind, Tejo means fire, etc." [15]

### 2) Teach to see the truth (Samādapanā)

"Motivating learners is the duty of the instructor because it is the depth of intelligence and the use of psychology in teaching is important and necessary because it can be measured by both the teacher and its effectiveness and the effectiveness can be assessed of learners very well." [16]

"Agreed, because there must be an idea and the process of motivation learning goals benefits of learning to create acceptance and implementation." [17]

"Teacher must have knowledge, expertise, explain to students to see and understand the lessons in the field of Thai traditional medicine in every field for learners to see the truth and conform to their teachers by accepting and implementing them properly according to the principles of Thai traditional medicine." [18]

"In teaching and learning management especially about Thai traditional medicine, motivating students to have their opinions and willingness to implement them is essential because teaching will be effective only when learners are

enthusiastic and interested in doing the tasks assigned by the teacher. These behaviors should occur regularly throughout the teaching process. Motivation is the process by which the learner is motivated to show behavior to the desired goal. It will motivate and push, let learners respond enthusiastically and can enable learners to participate in activities consistently. The motivation that drives this may arise from intrinsic motives, such as needs, attitudes, ambitions, interests, and achievement motivations, or extrinsic motives, such as the aspirations and needs of parents or decoy and learning atmosphere, etc. Motivation will help learners to come up with guidelines, energizing to stimulate interest develop interest and pursuing knowledge as well as choosing behaviors to express, etc. However, the matter of motivation is more complex and profound than one might think. Therefore, studying various theories of motivation is an area that teachers should pay great attention to.” [19]

“It’s good motivation, acceptance, and implementation may not be clear. If the teacher does not clearly demonstrate the process of doing it. Motivation is always a prerequisite for the power to learn or do well in any business.” [20]

“There are examples of successful doctors or people with experience in treating patients in Thai traditional medicine. The teachers give examples of individuals, products, or hospitals that is a possible example and close to those who study for learners to see the real picture and before the development of teaching and learning.” [21]

“It’s very important because teachers have to communicate clearly as if they saw real events. Teachers must be instructed and practice, must be carried out in parallel in order to gain expertise until clearly understood” [23]

“It is very necessary if the instructor teaches with determination and motivates the learners to see the truth, persuade until it must be accepted and put into practice [24]

### 3) Teach to build confidence (Samuttejanā).

“Motivating the learner is the responsibility of the teacher because it is the depth of intelligence and the use of psychology in teaching is important and necessary because this can be measured by both teachers and their effectiveness and can be evaluated of students. There is a principle of motivation theory, which if the learners are motivated, then the motivation will bring needs such as show different attitudes and behaviors that came out to be seen. Therefore, strength is the part that causes everything to learn until it causes changes, for example, learners will receive achievements, that is, knowledge in that learning” [25].

“Samuttejanā means achievement motivation. It is the desire of a person to overcome obstacles without giving up and want to work to achieve the set objectives effectively. It is the desire to achieve one’s goals by striving to compete with other standards of excellence, strive to improve performance by focusing on achievement. The doer will feel at ease when successful and have a feeling of regret and responsibility when the work fails highly motivated person will have self-discipline is a worker for work responsible, accept problems, fix and improve themselves regularly, accept new innovations and will be able to make permanent contributions to society, management of teaching and learning of Thai traditional medicine. It is essential to inspire students to have courage and awaken them to perseverance,

confident that it will succeed, don’t be intimidated by tiredness. Because it is a learning that requires faith, belief, perseverance, diligence, mindfulness, prudence in action, concentration, determination, and wisdom and expertise, proper understanding.” [26]

“Important necessity in teaching all branches of Thai traditional medicine, students must study medicinal plants, and scriptures until a thorough understanding of the field of study encourage students and inspiring the learners to have courage, encouragement, and awaken them to industriousness confident that it will succeed, not afraid of exhaustion”. [27]

“It is necessary if the teacher is a good example and encouragement to the students without fear of fatigue. It will be what the learners see and try to lead themselves through various obstacles. At the same time, teachers must build strength and confidence in their pupils or learners to instill faith and power in leading themselves to success.” [28]

“Agreed, it’s motivating inculcate professional ethics for learners to realize and self-confidence. It must inspire the learners to have courage and awaken them to perseverance, confident that it will succeed, don’t be intimidated by tiredness while studying and starting to work. If one starts practicing from the beginning, it will build confidence gradually until you become more proficient and confident. Ethics must be instilled at the same time.” [29]

“Encourage and point out goals from time to time, insert successful example, and build an arsenal of intellectual weapons to help the public create value for oneself and one’s profession public to help fellow world” [30]

“Very necessary, teachers must draw or lead, let the learners have confidence and teach until they have the determination that they will succeed with a determined heart in order to bring. Teachers must always prepare themselves well before teaching.” [31]

“Agreed, because the body of Thai traditional medicine knowledge. It is complicated and very detailed if students lack commitment, diligence and patience, they may give up in the middle and unable to achieve the objectives of the course”. [32]

“It is very necessary if the teacher teaches with a provocation until the students gain morale and encouragement to believe in themselves. It will be successful in terms of learning and causing good practice guidelines as well including having to encourage not to be discouraged when there are problems and obstacles.” [33]

### 4) Teach with happiness and joy (Sampahamsanā).

“On this topic it is absolutely essential because if the body and mind are joyful and the brain and wisdom are ready to arise, one way to learn how one can learn well is being happy excited and joyful with teachers. It will also cause interest in that lesson.” [34]

“Agreed, in terms of online teaching, that teachers need to be happy and must be able to console the learners to feel joyful, joyful, joyful with learning, listening, not bored Fascinating and full of hope willpower and see the benefits that will be gained from learning into practice” [35]

“It is necessary because it encourages students to always want to learn and also builds confidence in them.” [36]

“It is very necessary. Teachers must train themselves as speakers and academics, must have knowledge around and know the current situation and must be a real doctor, a giver,

because the knowledge of traditional Thai medicine should be a doctor to treat and take care of people's health" [37]

"Important necessities in the teaching of Thai traditional medicine in all branches teachers are very crucial. If the teacher is bright, it will make students bright too in the subject, when ones are happy and bright, everything will be smooth, joyful and ones won't get bored in studying, will result in knowing the mind that is connected to the treatment of the patient. When the mind is good and cheerful, it will be positive and will see the benefits that will be gained from the practice". [38]

"Agreed, with the teaching of Thai traditional medicine, it is necessary to invigorate the heart to be joyful, listen without boredom and full of hope. Because I see the benefits that will be gained from training into real operations". [39]

"New way of teaching will help encourage students to be interested. It is the introduction of new ideas, methods, processes or inventions used in learning management to solve problems or develop learning effectively in accordance with the goals of the curriculum, this will help study. Teaching is more efficient, learners can learn quickly, be more effective, motivated to learn with those innovations and save time in studying as well, the instructor must give the learners the opportunity to exchange ideas. There is mutual assistance and mutual responsibility, both personally and collectively, have common goals relationship exchange ideas with each other responsibility for individual member learning, interpersonal skills. Small group work skills use work processes that have steps or methods that help group operations are efficient in order for the group to be successful according to the specified goals teaching Thai traditional medicine. It's learning at your own pace. That gives the opportunity for interested people to learn. Therefore, to provide learning with happiness. It will help to make learning more efficient as well." [40]

"Insert lesson with modern and conceptual current events by helping to stimulate interest because of the current online disease will be a strong trend and many events create happiness and laughter as well and it is necessary to insert the completed work, insert the subject of the exam, the highest goal in studying Thai traditional medicine, integrate a variety including going to the area in every practice." [41]

"Used as a good soothsayer for use in online teaching because of online learning, students will be independent too. If there is a lack of interest while studying, it will cause the study to be interrupted or lack of understanding in that class. Therefore, if teachers teach and make students or students interested will make the teaching more effective because I see the benefits that will be gained from learning." [42]

The 4 Buddhist teaching methods are important and necessary for learning Thai traditional medicine both in normal and online systems. They are necessary for these 4 processes, happiness and understanding of the contents of the last subjects resulted in accuracy and knowledge of Thai traditional medicine and also the development of knowledge to fight technology together as well.

Buddhist methods in teaching with the four teaching styles: 1) Explain clearly and clearly as if leading by the hand to see with one's own eyes (Sandassanā) 2) persuades to see the truth as well inviting him to conform until he had to accept and put it into practice (Samadapana), encouragement encouraged too industriously. I'm sure I can make it work. 4)

Calms the heart to be joyful and cheerful, listens without boredom, and full of hope. Because he sees the benefits that he will receive from the four aspects of practice (Sampahamsanā) is an integrated teaching that is effective and to promote teaching and learning to develop potential to develop performance and to improve the quality, guidance for learners to combine new knowledge with old knowledge who have already studied for students to learn faster and more accurately, try to find techniques that encourage learners to apply their prior knowledge to their studies. New and find ways to help the study of new knowledge of the learners are as clear as possible for students to analyze and interpret new content on the basis of previous knowledge and experience combined to form a new body of knowledge to be applied with the highest quality and effectiveness further. It is important and essential for learning Thai traditional medicine both in normal and online systems. It is necessary for these 4 processes to make students interested in learning, learn happily and understand the contents of the last course, resulting in accuracy and knowledge of Thai traditional medicine and also the development of knowledge to fight technology together as well. It can be put in short words as

"Clear - persuasive - daring - cheerful or clear - inviting, energetic - cheerful."

### III. BUDDHIST TEACHING METHODS AND THEIR APPLICATION IN TEACHING THAI TRADITIONAL MEDICINE IN NEW WAY OF LIFE

Developing an innovative model for teaching and learning Thai traditional medicine in the new way of life. The researcher can summarize as "TIEB Model" as follows:

T means teaching and learning management, the process of teaching Thai traditional medicine. It is a strategy used in teaching Thai traditional medicine with modern innovations through various application systems. There are 4 types of components in teaching and learning management: 1), Curriculum, 2) Learning-teaching, 3) Teaching media, and 4) Evaluation.

1. The curriculum is the use of new methods related to innovation in the development of Thai traditional medicine curriculums in line with the current environment and to meet the needs of teaching and learning. The curriculum is subject to constant changes in line with the technological, economic and social advancements of the country and the world. The development of a Thai traditional medicine curriculum needs to be based on concepts, theories and philosophy in accordance with the standards set by the Thai traditional medical council. Curriculum development based on such principles and methods requires new ideas and methods which is an educational innovation to help manage in the direction of curriculum innovation in Thailand namely curriculum development in all 4 areas: integrated curriculum, individual course, activity, and experience. Courses and Thai traditional medicine courses considered as a course. It is the development of a curriculum that wants to spread management to local areas to be consistent with the arts, culture, environment and well-being of the people that exist in each locality. It replaces the traditional curriculum that uses a centralized approach to development and can be summarized as educational innovations course as well.



2. Learning - teaching means using innovative media to integrate with the teaching and learning of Thai traditional medicine on Thai traditional medicine to create an atmosphere to bring into the lesson to create motivation for learning. Teachers use technology that is appropriate for learning content, be up-to-date with current events to encourage students to exchange knowledge and ideas in line with the new learning plan in which each learning activity is recorded as images and sounds in teaching and learning so that students can understand the lesson and see it in a concrete way, leading to learning content from difficult to easy for students to understand easily. Teachers use existing learning resources to make changes and learn new things that has been applied in new ways with a variety and maximum benefit.

3. Teaching media is an intermediary or channel for transferring knowledge. Experienced skills from the source of knowledge to the learners and cause effective learning. Learning media can be regarded as a tool that helps learners to play a role for students or learners to understand more about the subjects taught the use of media in teaching Thai traditional medicine considered to be of great importance. Online teaching, teachers should have teaching techniques and teaching materials must be updated all the time, but must accurately refer to Thai traditional medical scriptures. including the location of the instructor should be in a ready atmosphere. No noise during teaching. Including the environment while teaching should have the right atmosphere as well.

4. Measurement and evaluation are the process of collecting data, traces, evidence showing the development, progress and achievement of learners in a systematic way, benefits to encourage learners to develop, and learn to their full potential. It is considered to be another important duty and responsibility of teachers because the evaluation of teaching and learning in Thai traditional medicine. It is an indicator of the progress of the disciples where there is teaching. There will be an examination for the evaluation of the student's teaching. A number of different methods may be used, such as observation, interviews, and testing. Educational measurement and evaluation. It is an organized process to derive a number or symbol representing a quantity or quality of measurable characteristics in order to bring the results of measurements to be used as information for accurate evaluation. Therefore, educational measurement will be effective. By bringing innovations or applications to combine with teaching Thai traditional medicine.

I mean innovation in the new normal, innovation in the era of new way of life means using innovations in teaching Thai traditional medicine through various applications. There are 3 types of components: 1) Applications for teaching and evaluation through online systems, 2) e-Books, 3) Online learning resources.

1. Applications for learning and evaluation through online systems is to measure and evaluate the teaching and learning of Thai traditional medicine through an application system. It is a teaching that facilitates both teachers and students. Both parties can arrange the time appropriately and can facilitate the matter of unlimited time and place, and it also saves in terms of resources, efficient measurement and evaluation. Therefore, measurement and evaluation through applications

can be very useful and creates great learning value as most of the students can access information easily through their smartphone operating system mobile phones or android, and also able to process and notify results quickly as well.

2. e-Book, bringing innovation in next normal in the form of electronic books, known as e-books, to play a role in teaching through the application system. It is important and necessary for teaching and learning in the new base era where students can learn and practice on their own without any restrictions on time and place make it convenient to search for information in studying continuously and can also be carried and stored easily, save storage space research, easy to store and last a long time can be read or researched easily via a mobile phone operating system smart phone or android and is also a center for storing important textbooks Thai traditional medicine, not to be lost caused by malfunctions for various reasons to maintain the condition of reading and researching completely as well.

3. Online learning resources are information or content for learning through media, technology or applications that reduces the constraints on time and place of study. Teachers can present learning ideas in a variety of ways and the students can choose to study in the subject that they want. Online learning resources are very important in today's society because it is a source of information and experience which supports and encourages learners to study, seek knowledge and learn at their own pace to encourage students to have a continuous learning process. It is considered to develop a body of knowledge in Thai traditional medicine that brings innovation in communication technology perfectly.

E means effectiveness innovation model, effectiveness of teaching and learning innovation. It is the result of the study and research of the body of knowledge in the teaching and learning process of Thai traditional medicine. Innovation in the new life-based era Buddhist methods of teaching both directly and indirectly. There are 4 types of components: 1) learning achievement, 2) satisfaction, 3) utilization, 4) professional development.

1. Educational achievement refers to the ability or success in various fields of Thai traditional medicine students from the teaching process of teachers through the guidelines and evaluation process by creating quality tools to participate in measurement and evaluation. It was measured according to the teaching objectives or the achievement of education and training in the four disciplines of Thai traditional medicine, namely Thai midwifery, Thai pharmacy, Thai massage, and Thai medicine. Thai traditional medicine will be a standard measurement of the professional level of Thai traditional medicine in each discipline which is considered a standard as the medical council has set. If students pass the exam according to the announced requirements. It is clearly an educational achievement.

2. Satisfaction: Satisfaction refers to the knowledge that is happy or contentment when it is achieved, accomplished or desired. Responses showing knowledge and objectives of learners towards teaching and learning Thai traditional medicine. Satisfaction has different perspectives depending on each person's point of view. The satisfaction that will come in good teaching. This course content will be effective and effective, media must be ready continuous access

applications including teachers teaching atmosphere. It is considered a very important element. Satisfaction is likely to arise for learners to study more, especially by bringing technology or modern innovations to participate, make students able to search for additional knowledge unlimitedly, such as the term “education without borders or infinite learning.”

3. Utilization refers to the application of knowledge that has been learned or studied and used for real benefits. In today's world, there has been a noticeable change in communication. If the development of technology innovations to integrate with the teaching and learning of Thai traditional medicine. It will make Thai traditional medicine to be used quite a lot. However, Thai traditional medicine learners are quite a group of people of various ages and most of them are people over 40 years of age, so it should be practiced and explain the steps thoroughly and should have a simple manual for understanding, not too complicated and difficult for learners to learn in the beginning in order to continue to use them.

4. Professional development means the process of developing competencies and professions in Thai traditional medicine with a self-development plan and conducting self-development according to the plan in a systematic manner in accordance with the actual operating conditions bringing innovations in communication technology to apply to teaching and learning Thai traditional medicine. It is considered to be a practice of using technology in another form of bringing Thai traditional medicine to integrate with other sciences to open different views to allow learners to learn to extend from teaching and professional development with various modern innovations to apply to the holistic practice of Thai medicine in collecting the history and results of various treatments on the application to make it easy to find information in various fields. It can also be used to provide information or to educate health care professionals in various fields including commercial development through the application system as well.

B means Buddhist teaching methods; Buddhist methods of teaching with teaching style by applying the principles of Dhamma to integrate teaching Thai traditional medicine with teaching style to maintain the state of the body, speech and mind to be in perfect holistic state for readiness to transmit effectively and efficiently in teaching by using Dhamma principles that are the duty and virtue of teachers to lead learners to be happy with 4 elements which are 1) Clear teaching (Sandassanā), 2) Teaching to see the truth (Samādapana), 3) Teach to gain confidence (Samuttejanā), and 4) Teach with joy (Sampahamsanā) or it may be said briefly as follows:

“Clear - persuasive - daring - cheerful or clear - inviting, energetic - cheerful”

1. Clear teaching (Sandassanā) means that the teacher can speak or explain the topic in teaching clearly as if leading the hand to see with the eyes. Nowadays, we often use the term active learning as it is very necessary to manage learning in today's society especially teaching Thai traditional medicine that is not just to know but can be put into practice for yourself and others too. Because it will cause teaching that promotes the development of brain potential, including thinking, problem solving and applying knowledge. Learners

are involved in teaching and learning both in terms of creating a body of knowledge, collaborative interaction, collaborate over competition. It's kind of helping each other because knowledge comes from experience knowledge building and summary review of learners. It will be very helpful in applying.

2. Teach to see the truth (Samuttejanā) means teachers can teach and persuade students to see the truth as well, persuade until it must be accepted and put into practice in teaching and learning, especially the story of Thai traditional medicine, motivating students to agree with their opinions and be willing to put them into practice is essential because the teaching will be fully effective when the learners are determined and enthusiastically interested in the tasks assigned by the instructor. These behaviors should occur regularly throughout the teaching period. Motivation is the process by which learners are stimulated, show behavior to the desired goal. Motivation will motivate and push, have learners respond enthusiastically and able to make the students participate in the activities regularly. The motivation that drives this may arise from intrinsic motives (intrinsic motives) such as needs, attitudes, ambition, interest and achievement motives, etc. or extrinsic motives (extrinsic motives), including hopes.

3. To instill confidence (Samuttejanā) means inspiring to be brave, arouses encouragement and encourages industriousness confident that it will succeed without being afraid of exhaustion. Motivating the learners is the duty of the teacher because it is the depth of intelligence and the use of psychology in teaching is important and necessary because this can be measured by both teachers and can measure the effectiveness and can evaluate the effectiveness of learner. The doer will feel at ease when successful and have a feeling of regret and responsibility when the work fails highly motivated person will have self-discipline is a worker for work responsible, accept problems, fix and improve themselves regularly, accept new innovations and will be able to make permanent contributions to society, management of teaching and learning of Thai traditional medicine. It is essential to inspire students to have courage, encouragement, and awaken them to perseverance, confident that it will succeed, don't be intimidated by tiredness because it is a learning that requires faith, belief, perseverance, diligence, mindfulness, prudence in action, concentration, determination and wisdom and expertise. proper understanding.

4. Teach with joyfulness (Sampahamsanā), which means soothing the heart to be joyful, listening without boredom, and filled with hope because he sees the benefits that will be gained from practice. It was found that teachers teaching with a smiling face in full of kindness. The depth and rhythm of the tone of voice in narrating various topics. It affects the teaching and learning system both directly and indirectly because it makes learners interested and want to learn continuously although some subjects are difficult but the teacher teaches with a smiling face. When you are happy and bright, everything will be smooth, joyful and you won't get bored in studying will result in knowing the mind that connects to the treatment of the patient. When the mind is good, cheerful, it is the door of success in all business affairs.

## CONCLUSION

Buddhist methods in teaching with all 4 teaching styles will be a tool for the teaching and learning of Thai traditional medicine by focusing on clear, clarity according to the framework of the practice of the characteristics of science in the academic field of Thai traditional medicine as if leading the hand to see with the eyes (Sandassanā), as well as showing that the teaching and learning process focuses on persuading to see the truth as well invite them to conform until they have to accept and put it into practice (Samādapānā). Most importantly, it creates positive energy, reinforces and attracts attention until it inspires courage, encourage awakening to be diligent confident that it will succeed, not indifferent to suffering (Samuttejanā), until it becomes an encouragement to refresh the heart, be joyful, listen without boredom and full of hope because he sees the benefits that he will receive from the practice (Sampahamsanā). In all four areas as an integrated teaching that is effective and to promote teaching and learning to develop potential to develop competence and to improve quality guidance for learners to combine new knowledge with old knowledge who have already studied to enable learners to learn faster and more accurately. These 4 processes will make learners interested in learning a happy learning process and understand the content of the last subject, resulting in accuracy and knowledge of Thai traditional medicine, and it is also the development of knowledge to fight technology together as well.

## REFERENCES

- [1] Rattana Nanurat, Curriculum Educational Innovation, [Online], Source: pro.edu.snru.ac.th/UserFiles/ [24 May 2019].
- [2] Thawan Masacharat, Educational Innovations in Instructional Document Set, 2nd Edition, (Bangkok: Than Aksorn Publishing Co., Ltd., 2013), page 4.
- [3] Innovation Measurement and Evaluation, [Online], source: <https://witchutawijitnaweeord-press.com/2013/12/22/> [11 May 2019].
- [4] Uthai Woramethisrisakul et al. (2018). Buddhist Teaching Methods. Khon Kaen Graduate Studies Journal. Year 5, Issue 1 (January-June 2018), pages 71-81.
- [5] Phra Khru Kasem Sutthikhun (Santacitto). (2014). The Buddha's Teaching Method with Learner-Centered Integration. Journal of Education Review. Year 1, Issue 2 (September-December 2014), pages 160-169.
- [6] Phrakrusatitpattanatorn (Chong Tangyou). (2018). Kasibhāradavājasutta: A Wise Buddhist Method of Teaching. Journal of MCU Philosophy Review. Vol. 1 No. 1 (January - June 2018). pp 30-41
- [7] Interview with Mr. Ekaphol Sangsri, Dr. Dr., Department of Marketing Faculty of Management Sciences Buriram Rajabhat University 12 August 2022.
- [8] Interview Interview with Mr. Apichart Rodniyom, Computer Academician, Information Technology Division. Mahachulalongkornrajavidyalaya University, 23 August 2022.
- [9] Interview with Asst. Prof. Dr. Phramahasombat Thanapanyo, lecturer in charge of the D.D. Program, Mahachulalongkornrajavidyalaya University, 10 August 2022.
- [10] Interview with Phramahasuchaikon Sitthimethee Alakul, Assistant Abbot and Student Office Secretary, Prayurawongsawat Temple, Thonburi District, Bangkok, 12 August 2022.
- [11] Interview with Mr. Pichet Lerttamasak, Director of the Thai Traditional Medicine Doctor Clinic Training Institute, 12 August 2022.
- [12] Interview with Ms. Khwanta Udomrak, Director of the Thai Traditional Medicine Clinic, Aromatherapy Clinic, 12 August 2022.
- [13] Interview with Mrs. Suparat Asavaporntanapat, Director of the Master of Thai Traditional Medicine Program, Faculty of Allied Health Sciences. Pathumthani University, 17 August 2022.
- [14] Interview with Mr. Thonglor Tiengtham, Prof. Dr., Master of Thai Traditional Medicine Program, Faculty of Allied Health Sciences. Pathumthani University, 17 August 2022.
- [15] Interview with Mr. Kitti Leesiam, Assistant Professor, Lecturer of Thai Traditional Medicine Program, Sukhothai Thammathirat Open University, 25 August 2022.
- [16] Interview with Mr. Ekapol Sangsri, Dr. Dr., Department of Marketing Faculty of Management Sciences Buriram Rajabhat University 12 August 2022.
- [17] Interview Interview with Mr. Apichart Rodniyom, Computer Academic, Information Technology Division. Mahachulalongkornrajavidyalaya University, 23 August 2022.
- [18] Interview with Asst. Prof. Dr. Phramaha Sombat Thanapano, lecturer in charge of the D.D. Program, Mahachulalongkornrajavidyalaya University, 10 August 2022.
- [19] Interview with Phramaha Suchaikon Sitthimethee Alakul, Assistant Abbot and Student Office Secretary, Prayurawongsawat Temple, Thonburi District, Bangkok, 12 August 2022.
- [20] Interview with Mr. Pichet Lerttamasak, Director of the Thai Traditional Medicine Doctor Clinic Training Institute, 12 August 2022.
- [21] Interview with Ms. Khwanta Udomrak, Director of the Thai Traditional Medicine Clinic, Aromatherapy Clinic, 12 August 2022.
- [22] Interview with Mrs. Suparat Asavaporntanapat, Director of the Master of Thai Traditional Medicine Program, Faculty of Allied Health Sciences. Pathumthani University, 17 August 2022
- [23] Interview with Mr. Kitti Leesiam, Assistant Professor, Thai Traditional Medicine Program Lecturer, Sukhothai Thammathirat Open University, 25 August 2022.
- [24] Interview with Mr. Thonglor Tiengtham, Prof. Dr., Master of Thai Traditional Medicine Program, Faculty of Allied Health Sciences. Pathumthani University, 17 August 2022.
- [25] Interview with Mr. Ekaphon Sangsri, Dr. Dr., Department of Marketing Faculty of Management Sciences Buriram Rajabhat University 12 August 2021
- [26] Interview with Phramahasuchaikon Sitthimethee Alakul,

- Assistant Abbot and Student Office Secretary, Prayurawongsawat Temple, Thonburi District, Bangkok, 12 August 2022.
- [27] Interview with Asst. Prof. Dr. Phramaha Sombat Thanapanyo, lecturer in charge of the D.D. Program, Mahachulalongkornrajavidyalaya University, 10 August 2022.
- [28] Interview with Mr. Pichet Lerttamasak, Director of the Thai Traditional Medicine Doctor Clinic Training Institute, 12 August 2022.
- [29] Interview with Mr. Apichart Rodniyom, Computer Academic, Information Technology Division. Mahachulalongkornrajavidyalaya University, 23 August 2022.
- [30] Interview with Ms. Khwanta Udomrak, Director of the Thai Traditional Medicine Clinic, Aromatherapy Clinic, 12 August 2021.
- [31] Interview with Mr. Kitti Leesiam, Assistant Professor, Lecturer of Thai Traditional Medicine Program, Sukhothai Thammathirat Open University, 25 August 2022.
- [32] Mrs. Suparat Asavaporntanapat, Director of the Master of Thai Traditional Medicine Program, Faculty of Allied Health Sciences. Pathumthani University, 17 August 2022
- [33] Interview with Mr. Thonglor Tiengtham, Prof. Dr., Master of Thai Traditional Medicine Program, Faculty of Allied Health Sciences. Pathumthani University, 17 August 2022
- [34] Interview with Mr. Ekaphol Sangsri, Dr. Dr., Department of Marketing Faculty of Management Sciences Buriram Rajabhat University 12 August 2021
- [35] Interview Interview with Mr. Apichart Rodniyom, Computer Academician, Information Technology Division. Mahachulalongkornrajavidyalaya University, 23 August 2022
- [36] Interview with Mr. Thonglor Tiengtham, Prof. Dr., Master of Thai Traditional Medicine Program, Faculty of Allied Health Sciences. Pathumthani University, 17 August 2022
- [37] Interview with Mr. Kitti Leesiam, Assistant Professor, Lecturer of Thai Traditional Medicine Program, Sukhothai Thammathirat Open University, 25 August 2022.
- [38] Interview with Asst. Prof. Dr. Phramaha Sombat Thanapanyo, lecturer in charge of the D.D. Program, Mahachulalongkornrajavidyalaya University, 10 August 2022.
- [39] Interview with Mrs. Suparat Asawaporntanapat, Director of the Master of Thai Traditional Medicine Program, Faculty of Allied Health Sciences. Pathumthani University, 17 August 2022
- [40] Interview with Phramahasuchaikon Sitthimethee Alakul, assistant abbot and student office secretary, Wat Prayurawongsawat, Thonburi District, Bangkok, 12 August 2022.
- [41] Interview with Ms. Khwanta Udomrak, Director of the Thai Traditional Medicine Clinic, Aromatherapy Clinic, 12 August 2022.
- [42] Interview with Mr. Pichet Lerttamasak, Director of the Thai Traditional Medicine Doctor Clinic Training Institute, 12 August 2022.