

SOCIAL OF ENDEAVOR (SANG KOM BAK NA): THE TRUTH IS OVERLOOKED AND THE ILLUSION OF TRUTH GROWING UP

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ABSTRACT

This article was written to reflect "Endeavor" (Bak Na) behavior, which is a process and behavior that requires patience to endure and endure a difficult situation. One uses education through research papers and real-world observation. The study found that behavior is notch, behavior that requires patience make an effort to maintain mental stability consistent thoughts and actions is the behavior of the mind that creates continuity until it becomes a state that must endure or endure the symptoms of reality that must be addressed with the condition properly that may use violence to end the problem, such as suicide, using violence to end that violence until it became a crime. Therefore, this attitude towards acceptance of disobedience is mental adjustment change ideas according to Buddhism use tolerance (patience), the worldly (all things belong to one another) and the doctrine of (all things change forever) to change into a thinking point of transcendence forced to endure a brazen society, a brazen state and a condition that could eventually change.

Keywords

Social of Endeavor (Sang Kom Bak Na); Truth; Lies

I. INTRODUCTION

This article was written to reflect on one's "face-to-face" behavior, which is a process and behavior that requires patience to endure and overcome difficult situations in one's way through literature, research, and observation through social phenomena, and write an essay in the form of an academic article.

Observations from the academic research found that the behavior of not facing the behavior that requires patience Make an effort to maintain mental stability thoughts and actions in harmony It is the behavior of the work of the mind that causes continuity until it becomes a condition that must be endured or endure the symptoms of reality that must be accepted with that condition appropriately, who cannot face violence may be used to end the problem, such as suicide, to use violence to end thought violence until it becomes a crime problem Research proposals against the acceptance of tolerance are known as this notch. It is to bring the way to adjust the mind, heal the mind, change the mind according to the Buddhist practice. Use the principles of tolerance (patience), worldly (all things belong to one another) and anicca (all things are immutable) to turn them into perspectives to transcend. Forcing to endure is a society that is not front, sassy, and conditions that can eventually change.

II. DEFINITION AND IMPLICATIONS OF STATNATION

Bak Na may be an authentic Thai word that may be related to confrontational behavior the quest for the face and actions that lead to persistence and persistence in order to move forward In the Royal Academy dictionary, the meaning of the word "Bak" is (a.) "Use a sharp object such as a knife or axe to cut something such as a tree into a scar or an entrance, implicitly means to go forward, e.g. don't know too much, but it's easy to escape..." [1]. The dictionary also states that (a.) "...willing to ask for help out of necessity..." or in the meaning of "to swallow "Forcing, or the state of being forced to get what you want or not get what you don't want in order to get through the adverse event crisis. Therefore, behavioral concepts in psychology look at the behavior of notching faces. Therefore, it means any action that reflects the idea, behavior and action that will produce results in practice or not until it became the image in the overall or vice versa become a systematic management innovation under the mechanism appropriately and usefully.

III. A SOCIAL PHENOMENON THAT REFLECTS THE CESSATION OF THE FAILURE STATE

Behavior of notching or forcing yourself to endure the effects that come with life's circumstances? It's regret, disappointment, or the damage of a situation. Many people choose to step over it and get over it, and some people choose the way of death in order to end their lives. "Disappointment"

in Thai language may use the word shame, shame, shame, secret knowledge, depression, discouragement, depression, social stigma, condemnation, disappointment, and even despair. Some people choose to express their behavior. "Disgrace - humiliation - or defeat, against that behavior with different methods, as in the case of "losing the battle" against Zhu Yi Yi (175-210 AD) until he vomited blood to his death [2] Phra Bhromsuthi (Saneu Panyavajiro) chose to take a suicide approach to escape the unbearable conditions, the loss of rank, position and social status, [3] Sia Oud, with the news of his "suicide" after being released from prison on charges of impersonating high a reality that arises and is difficult to resist no matter what the situation is or an untrue story that affects the life that one has to suffer, becomes an effect on life or the truth of life implicitly [4] or in the case of a young monk preacher with a cheering procession [5] in the case of the question of whether it is. How about the case of the former assistant abbot of Chiang Mai Temple creating two worlds? [6] So the fact that cannot be endured is "suffering", which means a condition that is difficult to bear. Then, in case of being forced to endure, how do you "make a face" or do you have to "adjust your attitude" to something that affects it with an attitude? or what symptoms? Therefore, in this article, we will study the condition of the face. (Truth that is hard to bear, but has to endure) that is related to the concept of patience, persistence, or possibly a state cannot be tolerated but must live with that pain or choose to use violence to escape the condition as to be able to endure it.

IV. CAUSES THAT WILL LEAD TO NOTCHING

Contradicting behavior and inconsistent, will it be a separation from society or not? At the same time, it will be "solitude" to ascertain whether the behavior and the action is effective or not, which has no practical effect. So, it can mean forcing yourself to endure, remember, or not tolerate that event or to live in disgrace or reluctance to create the "uncomfortable" Buddha image of Lord Manuha [7] to be under hostage or prisoners of the Burmese kings. The expression of "not faced" is by creating a Buddha image as a symbol of incarceration. Therefore, it is a state of mindfulness or the samurai with making hara-kiri, harakiri (Japan Info,2017) [8] may be one of the attributes of life or way of life to make life have to endure. The surrender of Phraya Phichai Dab Hak (1741-1782) [9] under defeat power change Change the reign [10] is probably the answer to life. So suicidal behavior. Therefore, there is one implication of not accepting the truth or a disobedience to the truth. The case of the Buddha refused to escape to the alleged truth which the Buddha said that the truth must be fought with the truth persistence to suppress rumors using another set of truths to explain the truth was born.

If Vasbhakattiya, son of a slave, in a society where there is a condition that the "class" of society "King-Brahmin-Pet-Suthorn" is disguised as "Empress Dowager" in a big city [11] superior to more than 499 other wives, when having a son, he is called "viceroys" or "the emperor" who has the right to the throne above all princes, but one good day, it turns out that "he" is just a "slave" who disguised as a princess only. Therefore, being discharged from a high position to common people. I believe that the situation. It must be a truth that

cannot be tolerated. An unacceptable swallow must happen, and facing the truth in order to get through the situation would be difficult and bearable even later to be reinstated But the belief that was ingrained in society would be difficult to accept as a result of the constant anger and grievance that led to the genocide of Widudabha, which was the end of the truth that is difficult to accept at that time [12].

Past events in the case of Mom Ying (1852-1886) Prince Noble, but fell in love with the former Maha Toa, a young monk who preached in Wat Phra Kaew, Mahato disrobed (สิน-La Sikkha) sneaks into the palace until he loses his stomach. When he was later learned, he would be devastated, sad, disappointed, and depressed. When the truth emerged, Mahato was executed with the custom of sex that does not meet the conditions of the custom Mom Ying was detained "concubine" with regret until her death. Queen Matilda (Caroline Mathilde; 11 July 1751-10 May 1775), Princess from England and Trussi (Johann Friedrich Struensee, 5 August 1737 – 28 April), 1772). The contemporaries of the royal court until their deaths at the same time, how we may not know their emotions and thoughts. But if you take the framework or the natural way of being human, there would be embarrassment, regret, disappointment, they would have pain or lose face because there is evidence that Queen Matilda confessed that it was true. After being deceived by the investigative department that The partner has already confessed. So, sorrow and sorrow mean that we will love each other until the day we die? why confess therefore accept the truth. It was as if true love had become spears piercing each other. Along with the death of the "parties" and the detention or "concubine" until death in a distant nerve and without a servant. As shown, the person involved as shown in Figure 1.



Figure 1. Persons in the joint history of Princess Caroline Matilda of Great Britain (Caroline Mathilde; 11 July 1751-1751-10 May 1775/1755) as Queen of Christian VII of Denmark (1749-1808) and secretly in love with Queen. like Johann Friedrich Struensee [13]

These facts may be an interesting case study of how, at another point in time, let people know, know, and understand that these events. How did it happen and what effect did it have? It can be pain, panic, regret, sadness, disappointment, meaning that the events of that moment may overlap with expectations.

Someone said the phrase, "It's easy to talk about and write about. But we probably didn't know his feelings at that time." [14] Or the owner of the story some people die in order to pass, meaning they live through life So we see some events that some people choose to self-destruct is suicide to get through that event or some people choose to use their own violence by killing other people or killing others to get past that incident. Some, on the contrary, forcibly "face off" with

the truth despite their bitter pain. But at the end of the day, you have to go through all those things. It may take a calm approach to accepting the truth, subduing it, but not surrendering it to step through cross over that pain whenever you can think, adjust your attitude, become a feeling (feel) and look at it with understanding, or adjust yourself on a new mode until you pass, you might hear some people saying that "How did you get through that? If it were me, I would have died" means using the truth to get past the truth is to accept the truth or in some cases, or in some cases, may be able to bypass those truths. By not paying attention or not paying attention, using lies to cover up the truth use untruth to assert that truth to be a truth that will be beneficial to the management of truth or to truly advance reality.

Some people choose to destroy themselves because I don't want to be "failed" in this society Some people have to cut their faces in a state of surrender or resistance to make myself walk or have another way of living. The author goes to meet a woman who has been convicted of drugs and has been in prison for many years. At first, when she saw the author, she seemed to dodge as if not wanting to meet, but with circumstances that cannot be avoided, a conversation arises. Thus giving her confidence to talk and have a conversation. and later revived the image of the connection between the previous friendship, but the image of her "failing" may still be like a "knot" in her heart, but at one time was made smaller by the conditions of time, or it can be made great with ideas and environments.

Death of a samurai use death as a tool to create your own "manga" through the word "Dignity-Honor" cannot be forced to withstand defeat through the connotation of dignity. An honorable death, "hara-kiri", therefore, has the implication of being unable to endure it. Death of Prince Thammathibet Kung (Department of the Bowon Sathan Mongkhon Palace of Ayutthaya (Ban Phlu Luang dynasty/B.E. 1741 - 1755) that the father gave to [15] was a death that may not have wanted to happen. but the rules of appearance and the condition may be a "death order" that may use the principle of inability to "force" as a bill to live in this society wasted nonetheless. It means that sexual behavior as a "commitment" is human nature arranged to occur under inequality and persistence? The prince who, on the one hand, does not wish to be ungrateful or at the same time Father must have lost his face. Therefore, chose to "execute" the life of the royal son, handing over the father and son's death might be stealing His "adultery" or our forbidden concubine? This may be both "failing face" and facing the reality that has happened is difficult and should not happen or be done including it may be uphold social rules or social action, it may be.

Believing in the death of samurai in Japan, "sheppuku" or "making hara-kiri", therefore, means "dignity", or being impatient or swallowing. Against defeat, loss, or "the glory of the warrior path," dying at the hands of the enemy is disgraceful. In addition to the heroic death of the battlefield, the building of such beliefs takes place under the condition of belief in dignity in the dimension of placement and tolerance for the destiny of life. Therefore, the attitude towards the truth of life in the dimension is too "to swallow" to accept the truth of life, even if it is not true, but "to endure" the behavior that is defined in society in terms of "sexual ethics". The persistence is beyond acceptable in the destiny of life. or a

dimension of life that is too much to bear or resist to accept that fate. so the cause or issues leading to a notch Or embarrassment can occur in all matters of ethics, gender, society, politics and economy, it is up to the members of that society to determine as conditions and social criteria for coexistence in that society.



Figure 2 The phenomenon of "Bak Face" that appears in Wat Saket but using different methods that are difficult to endure, appearing as news images The death of Chao Khun Sanor of Wat Saket with the condition of not reading, resisting [16]

From the picture 2 reflects the events that happened on Saket Day with the former Somdej Phra Buddhachan (Kiaew Upaseno, 1928-2013), the former chairman of the Supreme Patriarch who forwarded the temple to the later heirs until the controversy for the position of the two disciples, namely Phra Phromsit (Thongchai Sukko, B.E. 1957-2016), with both being affected differently by the incident in the temple. One is affected by the same life, one uses a vicious means to overcome difficult conditions. But the other chose to use the method of fighting through the peace of being in prison for more than a year in prison, and came back as a monk and tried to endure this hardship. [17] It is also an analogy to the approach or method of transcending or surpassing this difficult condition.

V. "SUICIDE" THE CONDITION OF SURRENDERING TO NOT MAKING PROGRESS

Suicide is the cause of 1 in 10 deaths worldwide. The author defines the word inability to endure hardships is to surrender or surrender to the truth that appears. Some people choose to flee some people choose to surrender and cannot tolerate them. Suicide is a public health problem that causes premature loss of life of the world's population, 79%, found in low- and middle-income countries. Content: Thailand is a high-middle-income country with a suicide rate higher than the World Health Organization threshold and the Ministry of Public Health of Thailand has determined that the causes of suicide are related factors, including: biological factor socio-cultural factors and psychological factors in various countries in the west and east, including Thailand use a suicide method with most hangings, suicide was accomplished or suicide attempt but surviving causing negative impacts on family, economy and society, Thailand uses public health guidelines

In the epidemic situation of Covid 19, you will hear the news of suicide unbearable condition. It is one of the factors in suicide in order to escape from the problems that come in to escape the hardships that arise escape from illness or for any other reason but the condition cannot be tolerated is one of the factors in suicide which the author defines as the condition of being unable to endure is a condition that cannot be faced in society A number of researches have been found,

such as the suicide of farmers in Thai society: a case analysis of newspaper news. [18] “Factors Related to Suicide, Chun District, Phayao Province” [19] on Student Suicide and Family Adjustment. University and State: A Newspaper-Based Study [20] on the Effectiveness of Suicide Prevention Programs in the Elderly with depression in the community [21], Subject: Psycho-dimensional properties of the Thai version of the Suicidal Thoughts Assessment Form [22], Suicidal Rate and Factors Associated with Suicidal Behavior, Chao Phraya Yommarat Hospital. Suphanburi Province [23], Subject: Suicide Risk of Patients in Internal Medicine Ward, Nakornping Hospital [24], Adolescent Suicide in Thailand: Incidence, Cause and Prevention [25] from work. The research reflects several conditions on suicide decisions. In other words, the authors interpreted those intolerances as a key contributor to suicide or avoiding those persistent conditions Buddhism uses the word suffering as a condition that is difficult to bear. In that hardness is the factor leading to the choice that the world society regards as human intelligence is suicide or unable to continue to endure in society Either by cause or by any necessity, as in Table 1-3 is the statistics of the world community. The trend of suicide will continue to increase, affecting the nation's economy. holistic society which can be compared.

Table 1 Suicide statistics in 2016 (with an average of 100,000 suicides per year)

Suicide rates by WHO region in 2016 (per 100 000 people per year)					
WHO region	Crude rate	Age-standardized rate	Crude male rate	Crude female rate	Male-female ratio
Europe	15.4	12.85	24.7	6.6	3.74
Southeast Asia	13.2	13.40	14.8	11.6	1.28
Global	10.6	10.53	13.5	7.7	1.75
Western Pacific	10.2	8.45	10.9	9.4	1.16
Americas	9.8	9.25	15.1	4.6	3.28
Africa	7.4	11.96	9.9	4.8	2.06
Eastern Mediterranean	3.9	4.30	5.1	2.7	1.89

Source: World Health Organization. (2019). Suicide in the world: Global Health Estimates. [26]

Table 2 Statistics of suicide per country classified by income group by country (2012/2012)

Income group (% of global pop)	Suicides, 2012 (in thousands)	Global %	Rate (2012)	Male:Female (2012)
High-income countries (18.3%)	197	24.5%	12.7	3.5 : 1
Upper-middle-income countries (34.3%)	192	23.8%	7.5	1.3 : 1
Lower-middle-income countries (35.4%)	333	41.4%	14.1	1.7 : 1
Low-income countries (12.0%)	82	10.2%	13.4	1.7 : 1
Global (100.0%)	804	100.0%	11.4	1.9 : 1

Source: World Health Organization. (2019). Suicide in the world: Global Health Estimates. [27]

Table 3 Highest country suicide statistics

Countries	Male /r	Female /r	Overall /รวม	Sources & Year
 <u>Greenland</u> * (Danish Realm)	84.99	28.44	58.28	2016
 <u>Lithuania</u> * ลิทัวเนีย	65.1	12.4	24.4	2018
 <u>South Korea</u> * เกาหลีใต้	35.5	15.9	25.7	2020
 <u>Guyana</u> * กายาน่า	41.25	10.20	25.52	2017
 <u>Kazakhstan</u> * คาซัคสถาน	40.68	8.01	23.81	2017
 <u>Slovenia</u> สโลวีเนีย			18.09	2016
 <u>Sri Lanka</u> * ศรีลังกา			14.6	2018
 <u>Hungary</u> ฮังการี			17.98	2016
 <u>Belarus</u> * เบลารุส			20.5	2017
 <u>Taiwan</u> (Estimate) ไต้หวัน			20.1	2018

Source: World Health Organization. (2019). Suicide in the world: Global Health Estimates. [28]

Tables 1-3 showed that society needs help in difficult circumstances, meaning suicide violence. Forging ahead in the definition of unbearable suffering is a phenomenon of the contemporary world, and the damage from these conditions has become an impact on the public health, social, cultural and economic systems of the global community. This has become the focus of tackling violence on one's own life and the lives of others resulting in death. It has emerged around the world that people use suicide as a short-term solution to a problem who cannot resist the hardships or sufferings that arise one aspect of these deaths reflected that it could be used as a solution to that problem. But to solve those problems may be relief initially. But the violence was not stopped or stopped in any way including affecting the phenomenon of the global community as it appears until today.

VI. THE PRINCIPLE OF TRUTH AND ATTITUDE TOWARDS THE NOTORIOUS SOCIETY

Buddhism has proposed a solution or arranging an attitude towards behavior that affects According to the case-by-case, those truths become practical truths or structural truths. There are words or sayings in the sense of “revolution,” or in the sense of adjusting one's attitude towards truth or pain. "Put-Empty-Empty to be calm, to be happy", meaning "I put I" is not looking for anything or any behavior to be a burden of feelings in the form of an equation or take it by all means, I free, I am neutral, painless, I abstain, which is the behavior of abstinence until it becomes abstinence or abstaining until it does not affect life or life later in regards to the attitude of scolding when paraphrased into "Pa-wa-cha" according to the Buddhist concept. It is a latent conditional sentence that omitting from the base of the word Vocational (pronounced pa-wa-cha) or “ordained” is not ordained. but in the sense of

"Put-Empty-Empty" - Cool and happy in the sense of ordination for life or living in order to maintain normal life under new circumstances. or living a new life under rules and living.

1. Using case studies that have happened in the past is a fact that needs to be adjusted, that is, the Lord Buddha used the past as a case study, as in the sentence "Atiite Gale". or citing events with a common historical nature as a case study to create knowledge, understanding and use that knowledge to adjust the attitude compare for understanding used as a case study that there is an event what's the problem How will it lead to the solution? to adjust an opinion correct understanding How is that? That is to say, use the information from the past as a base for adjusting thinking and attitudes, adjusting your mind, adjusting your mind, and adjusting your attitude for going over and going through such events.

2. Using those case studies as an analogy to find a way out of the problem means using that case study as a model, making adjustments to overcome the problem. He is more difficult than us an incident like this has happened, how did he solve the problem? How to deal with the problem? As appears in many Jataka studies, for example, the use of tolerance as a basis for solving problems as stated in the statement that "...the tolerance that appears in the Chantakuman Jataka. It is a story in the past of Lord Buddha who practiced patience with his life at stake. It is a virtue that keeps the mind normal. Not afraid of problems that arise. and not shaken by praise and gossip like the land where people drop clean and dirty things But the land was never offended. In this life, the Bodhisattva was born as a "moon child", cultivating patience with infinite patience, sacrificing himself to save others. His creation of tolerance is therefore similar to "Surrender to death, never surrender", that is, never surrender to evil..." [29] or in Buddhachat. Kathology: Behavioral Modification in the Jataka Way [30] An Interdisciplinary Analytical Study of Jataka [31], etc.

3. Using the facts of life to go through a difficult life (failing) without dwelling on the past. until becoming depressed or even lead to violence against oneself, others, or suicide, adjusting the way of thinking and thinking, using past events as a case study, for example, in the case of Mrs. Patajara with an attitude of life that has adapted and sought its own way out through the adjustment of thinking until it can step over and pass forward [32].

4. Using the system to think that the normal world or the world 8 means that there is no human being in this world who has never been fulfilled all the time or lifelong disappointment man has nature happiness and suffering together useful Lose the benefits according to the opportunity more or less under the circumstances, there is no clear formula for gains or losses. It means that these truths are part of life that cannot be resisted or changed.

All are guidelines in Buddhism that are used as methods guidelines for crossing over and overcoming issues of impact on life, turning the mind, adjusting one's mind, or possibly reaching the face of suffering or going through suffering to go through.

CONCLUSION

Difficult conditions to endure or face-to-face behavior in other words, it is to build patience to get past the problems that arise. It is necessary and important in the meaning of having to cross over in order to live a normal life. In psychology, this can mean a state that cannot be tolerated or tolerated. It is a sad state. Like being in a situation where you have to endure but in reality it may be a condition that must be endured, violating and succumbing to transgression until it endures the pain of suffering, defeat, loss, and disappointment are common features of the truth of life truth of life is to live as a mechanism or a tool to step and cross over for living properly and causing the movement of life. As there are beautiful words I've heard and said, "Light a candle Better than sitting and cursing the darkness" [33] Keep it simple, life is always hopeful, unchanging. Life is short but the truth is long. Therefore, endure the hardships that seem difficult. But on the other hand, it's a reflection of the reality of life in a way that's too interesting to be true. Here, the world would be a better place, and the heart would probably pay respect to again.

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