

# Constructing the Hainan Folk Song Vocal Guidebook for Teaching the First-Year Students at Sanya College of Music, Sanya City, Hainan Province, China

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## Abstract

The objectives of this research were: (1) to study a vocal music teaching method; (2) to study the Hainan folk songs; (3) to construct a guidebook for teaching of Hainan folk song vocal music; (4) to use the guidebook teaching Hainan folk song for teach a student; and (5) to evaluate effective of guidebook or learning. The research methodology is mix method research. Qualitative research methods used interview form and the quantitative research method is to test the teaching effect. The research tool were interview form, Ioc form, Formative test, Summative test. Four key informants for interview.

The research finding: (1) the teaching method emphasizes deepening knowledge, problem-solving, and mathematical skills, with teachers guiding students, using modern technology objectively, and focusing on dynamic assessment and practice in music education; (2) Hainan folk songs, a cultural heritage of Chinese minorities, reflect local social, economic, literature, and art. Passed down through oral singing and hand-copied text, they contribute to rural revitalization and cultural inheritance, with unique rhythms and melody fluency; (3) The guidebook consists of three part and seven chapter, each lesson is divided into three links: "Vocal skill", "Hainan folk song", "Synthesis Development", and "homework" after each class; (4) The Hainan folk song teaching guidebook is beneficial for first-year students at Sanya University, as it helps them improve their singing skills and expressiveness. The guidebook emphasizes the importance of emotional expression, vocal position, and correct breathing in learning Hainan folk songs, despite their different pronunciations from Mandarin. It is suitable for lower grade students and Hainan folk song enthusiasts; and (5) The evaluation results show that all 10 students show continuous development, with scores increasing significantly after studying the singing teaching textbook. Students with low scores in the folk song singing category also saw an increase.

**Keywords:** Constructing; Hainan Folk Song; Vocal Guidebook; Sanya College of Music; Sanya City; Hainan Province; China

## Introduction

Hainan folk songs refer to the songs originated among the common people of Hainan and become part of their unique culture. They are generally composed orally and transmitted orally and are constantly processed by the collective in the process of spreading. Folk songs have the most direct and close connection with people's social life; After extensive improvisation by the masses, oral singing and gradually formed and developed; The music form is simple, approachable, vivid and flexible (Wang, 2011).

Sanya Conservatory of Music, as a professional institution to train music talents and promote music education, has applied guidebook in music teaching, especially in the teaching of Hainan folk songs. Guidebook teaching plays an important role in teaching. Teachers can present sound, images and video to students through multimedia. Students can get more vivid classroom content through guidebook. However, due to various reasons, there are still some thorny problems in the application of guidebook in Hainan folk song teaching:

Over-strengthening guidebook teaching and downplaying teachers' leading role in teaching. Nowadays, guidebook courseware is completely dominated by guidebook teaching from beginning to end in the whole teaching process, so it is difficult for teachers to play a role, and students' thinking is completely guided by the content of courseware demonstration. It seems that the classroom is active, but in fact, the students become knowledge containers that are randomly stuffed. This is no different from the traditional "spoon-feeding" passive teaching mode in the past, but it only changes the teaching media from the original "blackboard + chalk" to "screen + computer". Although the amount of information in teaching is large and the teaching speed of teachers is accelerated, however, due to the lack of attention to the leading role of teachers, it is difficult for students to digest and understand the content taught in class, let alone think and discriminate (Chen & Zhang, 2012).

Excessive strengthening of computer functions and dilution of students' main position. In the design and production of guidebook teaching courseware, often based on teachers' expected teaching process and teaching ideas, more attention is paid to the function of computer in guidebook courseware, but the teaching process with students as the main body is ignored, so that students are still in a passive learning state, resulting in students' weariness.

Excessive reinforcement of media technology and dilution of teaching content. Guidebook teaching courseware can make the boring, abstract and complex teaching content become vivid, intuitive and specific, simple and clear. However, sometimes we just blindly pursue the "luxury" in the teaching process in the classroom, without considering whether the situation involved meets the needs of the teaching content and whether it breaks through the difficulties of teaching. The result is that it not only affects students' attention to learning knowledge, but also weakens the focus of teaching content. In the teaching practice, there are still some problems such as improper courseware making and poor teaching effect. For example, the text information displayed in the courseware has too much content and the size is too small, and it is densely filled with the entire interface, which is time-consuming and laborious for students to read below, and even students sitting in the back of the classroom cannot see clearly. The "preset animation" is not muted, so that there are sounds when the text is displayed, such as typing sound, braking sound, etc., which will interfere with the viewing of students (Li, 2023).

In fact, there is still a lack of professional talents in the school, the low level of teachers in the production of guidebook courseware, cannot guarantee the quality and efficiency of teaching, and is not conducive to the training of students' divergent thinking, critical thinking and creative thinking, but also is not conducive to the training of innovative consciousness and practical ability of talents. Therefore, actively exploring the method of information technology and curriculum integration is the key to realize the teaching reform.

Timely use of guidebook singing teaching to make up for the defects of teaching can not only mobilize students' learning enthusiasm, cultivate students' intrinsic learning motivation, but also enrich teaching means and teaching resources, which has a wide application prospect in music singing teaching. Multimedia teaching has also changed the situation that teachers repeatedly fan sing and students passively accept, so that students quickly enter the dynamic teaching environment, get inspiration in time, and learn full of interest. At the same time, it also solves the difficulties in singing teaching imperceptibly.

In short, information technology teaching methods play a very important role in teaching. If many media teaching means can be used in teaching in a timely and appropriate manner, it can not only reduce the burden of students' learning, help students to understand, improve the efficiency of classroom teaching, but also cultivate and improve students' various abilities, so as to improve the quality of education and teaching more effectively (Liu, 2012).

In order to avoid various problems in guidebook teaching of Sanya college of Music, the development of Hainan Folk Song Teaching guidebook designed for first-year students of Sanya college of Music came into being, which aims to improve the production level of Hainan folk song education courseware as much as possible, optimize the production of multimedia courseware, and solve the problem that there is no professional courseware in Hainan folk Song Teaching guidebook. Help more Hainan folk song lovers out of the singing and creation mistakes and do some practical things for the promotion and further development of Hainan folk song. Let more people in the world know Hainan, feel Hainan and love Hainan through Hainan folk songs.

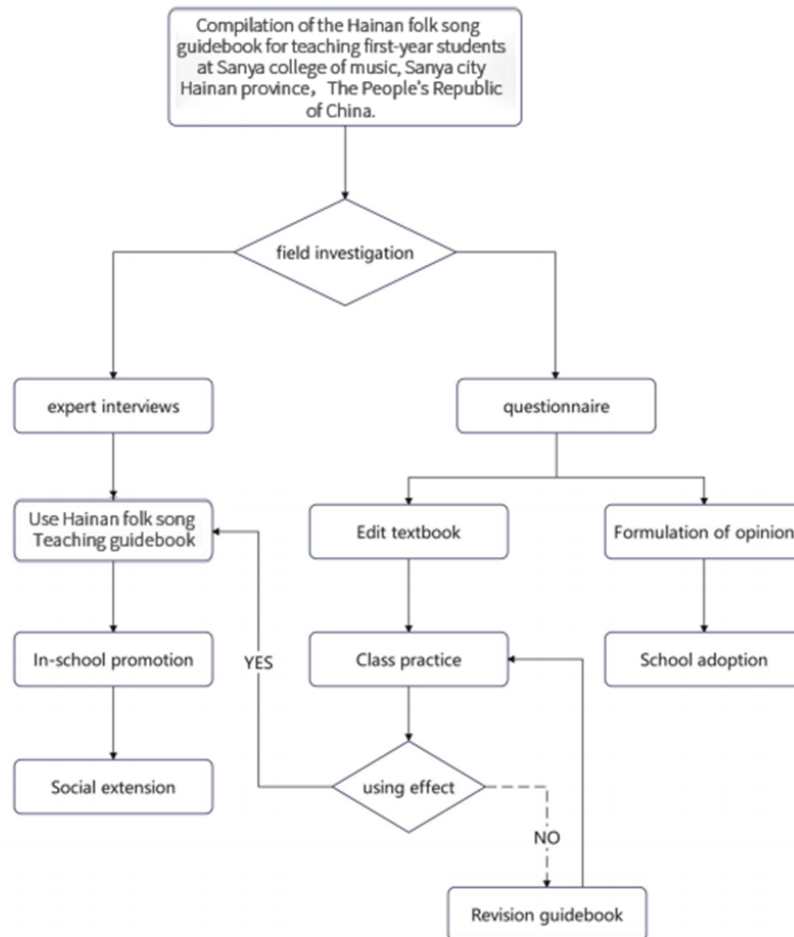
## **Research Objectives**

1. To study a vocal music teaching method
2. To study the Hainan folk songs
3. To construct a guidebook for teaching of Hainan folk song vocal music.
4. To use the guidebook teaching Hainan folk song for teach a student.
5. To evaluate the effectiveness of the teaching.

## **Research Methodology**

The research methodology is mixed research method and experimental research that consists of document studies, interview, and teaching. Population for experimental research was 40 first-year students majoring in vocal music at Sanya Music College., freshman students from Hainan from the Sanya college of music. The researcher use systematic sampling method for choose 10 freshman students majoring in vocal music a sampling.

## Conceptual Framework



**Figure:** Conceptual Framework

## Research Findings

### 1. To study a vocal music teaching method

The teaching method was focus on deepening knowledge and consolidating foundation to transition from shallow learning to deep learning. They should guide students with strong foundations and help them develop problem-solving abilities. Teachers should also train students in basic mathematical methods to improve problem-solving abilities and exploration. Teachers should be responsible for each student's learning needs and develop corresponding teaching objectives. Mastering professional knowledge in music education involves focusing on methods that increase students' musical knowledge and broaden their horizons. Modern educational technology should be used objectively to promote strengths and avoid weaknesses. Courseware can enhance music lessons, but it should be used in moderation. Teachers should actively provide opportunities for students to participate in learning and focus on foundation

and development needs. Improving the practice of music classes and modern curriculum evaluation should focus on dynamic analysis and evaluation.

## **2. To study the Hainan folk songs**

Hainan folk songs are a cultural heritage of Chinese minorities, reflecting local social, economic, literature, and art. They are passed down through oral singing and hand-copied text, ensuring their authenticity. These songs contribute to rural revitalization and cultural inheritance, enriching people's play experiences through village concerts. Hainan folk songs have a bright, warm tone, passionate lyrics, clear melody, and unique rhythms. Harmony in these songs is distinct regional and national, focusing on melody fluency and emotion expression. The unique blend of musical elements from different nationalities creates a rich and colorful sound world

## **3. To construct a Hainan vocal folk songs guidebook for teaching**

This guidebook to Hainan folk songs is constructed for the first-year students of vocal music majors in the Sanya College of Music. Hainan folk song melody is beautiful, the lyrics are aptly witty, the melody is rich and changeable, the development of a long history, has a unique national art charm, is our precious intangible cultural heritage. Chinese folk singers and folk artists have spread Hainan folk songs to the whole country and the world, making Hainan folk songs loved by people all over the world. Since the new century, the inheritance and development of Hainan folk songs are facing a new situation. This paper analyzes the characteristics and current situation of Hainan folk songs and puts forward some own views. The singing teaching manual consists of 3 parts: 1. Basic Singing Trainer 2. Folk Songs Singing and 3. Hainan Folk Songs. This is a 7 Chapter: 1. Understanding Your Voice and Breath Control 2. Vocal Warm-Ups and Resonance 3. Developing a Strong, Clear Tone 4. Fundamentals to Folk Singing 5. Studying Vocal Ornamentation in Folk Singing 6. Expressing Feeling and Storytelling via Folk Songs. and 7. Sheet music of Hainan folk songs. The quality assessment was scored at a high level, with a score of 4.45, and the IOC quality assessment score was as high as 0.78, which can be used by students to provide them with knowledge and to disseminate folk songs widely

## **4. To use the Hainan vocal folk songs guidebook for teach a student**

From the perspective of effectiveness, compare that to the first formative-test and the second formative-test, all the 10 students have made progress in all areas, no matter how language condition, singing method, music performance and other aspects. In the final study of Hainan folk songs “Long time no see long time see” the singing, the emotional processing and vocal methods of performance is particularly outstanding. Experts believe that although the pronunciation and pronunciation of Hainan folk songs are different from that of Mandarin, the emotional expression, vocal position and correct breathing are the same, which helps improve singing skills and expressiveness. They are able to do it independently and master the correct vocal technique. To sum up, the Hainan folk song teaching guidebook is of great help to the teaching of first-year students of Sanya University, and is suitable for lower grade students in colleges and universities and Hainan folk song lovers

### **5. To evaluate the effectiveness of the teaching**

Finally, from the evaluation results, the comparison of pre-test and post-test scores, it can be concluded that all 10 students have continuous development. It can be seen from the first pre-test that the scores are quite acceptable, but after studying the singing teaching textbook, the scores increase continuously with significant significance. Students who scored low in the folk song singing category also saw a noticeable increase, for example student number 5, 7, and 9 Overall, all 10 students passed all the hypothesis criteria.

## **Discussion**

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## **Recommendation**

### **1. Practical Recommendations**

Hainan folk songs, a cultural heritage of Hainan Province, are popular worldwide due to tourism and free trade. Guidebook for teaching of these songs can enhance vocal music practice and performance abilities. The "Hainan Folk Song guidebook for Teaching " can improve participation, enthusiasm, and music perception. Researchers suggest introducing Hainan folk song teaching in universities and incorporating the book into vocal music practice classes to cultivate innovative musical talents.

### **2. Recommendation for future research**

The "Hainan Folk Song teaching guidebook" is approach to vocal music education in colleges and universities. It aims to break traditional methods, emphasize modern information technology, and encourage active student participation. This approach promotes innovation and development in vocal music education. Future research should expand the scope of this study and integrate it with other educational concepts like project-based learning and flipped classrooms. The guidebook has a broad potential to improve students' quality, stimulate interest in vocal music learning, and promote reform and innovation in vocal music education.

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