

# **The Research on System of China Youth Tennis Competition: A Case Study of the Hunan Provincial Youth Tennis Championship**

**Chen Yahong**

Krirk University

E-mail: 15886401675@163.com

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## **Abstract**

The objective of this study was to comprehensively analyze and optimize the Chinese youth tennis competition system. The population of interest was related to the stakeholders and participants involved in the Chinese youth tennis field. A sample was selected through a combination of stratified sampling and convenience sampling, including tennis coaches, players, organizers, and relevant experts. The research instruments comprised text measurement, expert interviews, and a questionnaire survey. For data analysis, factor analysis was used to identify the influencing factors, and descriptive statistics were applied to summarize the characteristics of the data.

The results of the research work showed that factors such as human resources, material resources, environmental resources, and management resources had significant impacts on the youth tennis competition system. Specifically, improving the supply and operation management of tennis events, enhancing regional linkage for event development, expanding the comprehensive value function of tennis events, and implementing the strategy of building a strong sports nation were crucial. Based on these findings, it is suggested that continuous efforts should be made to strengthen the construction of coaching teams, improve venue facilities, create a more favorable tennis cultural environment, and refine the management and evaluation mechanisms of competitions. This would provide a solid theoretical foundation and practical guidance for the construction of China's tennis tournament system and promote the high-quality development of China's tennis industry.

**Keywords:** China Youth Tennis Competition; Hunan Provincial Youth; Tennis Championship

## **Introduction**

In recent decades, the global sports landscape has witnessed a remarkable transformation. Tennis, as one of the most popular and competitive sports, has seen continuous evolution in its tournament systems and athlete development models. In developed tennis powerhouses like the United States and some European countries, their youth tennis competition systems are highly structured and comprehensive. For instance, in the United States, there are extensive grassroots tennis programs with a hierarchical tournament ladder that starts from local club competitions and progresses to regional and national championships. These systems ensure a seamless transition for young talents and provide them with ample opportunities to gain experience and improve their skills.

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\* Received: December 1 2027; Revised: December 17 2024; Accepted: December 21 2024

In contrast, the Chinese youth tennis competition system is still in a stage of development. One of the major problems is the lack of uniformity and standardization. Different regions may have their own fragmented competition setups, which leads to inconsistent levels of competition and limited opportunities for cross-regional exchanges and comparisons. Additionally, the insufficient investment in infrastructure and coaching resources at the youth level restricts the overall quality of training and competition. For example, the scarcity of well-equipped tennis courts in some areas makes it difficult to conduct regular and high-quality competitions.

Moreover, the connection between the youth competition system and the professional tennis circuit is not well-established. There is a need for a more efficient talent scouting and promotion mechanism to ensure that promising young players can smoothly progress from the youth stage to the professional level. In the context of building a strong sports nation, it is essential to address these issues and optimize the Chinese youth tennis competition system. By learning from international best practices and considering China's unique national conditions, this study aims to explore the current situation and find effective optimization paths to promote the sustainable development of Chinese youth tennis and contribute to the realization of the goal of building a sports powerhouse.

The strategy of building a strong sports nation is an important component of realizing the great rejuvenation of the Chinese nation. General Secretary Xi Jinping has repeatedly emphasized the significant importance of sports for national strength and rejuvenation. The reports of the 19th and 20th National Congresses of the Communist Party of China further clarified the goal of building a sports powerhouse, requiring the comprehensive promotion of the development of national sports through national fitness, competitive sports, and youth sports work. In this strategic context, youth sports have become an important link in promoting the high-quality development of sports in China, especially the improvement and optimization of the youth event system, which is of great significance for building a sports powerhouse.

As a part of modern sports, although Chinese tennis started relatively late, it has achieved remarkable results on the international stage in recent years. The performance of Zheng Qinwen, the runner up of women's singles at the 2024 Australian Open, once again sparked a craze for Chinese tennis. However, compared with tennis powerhouses, there is still a significant gap in the development of tennis in China in terms of competition system and reserve talent cultivation. Especially the youth tennis tournament system plays a core role in the growth and improvement of athletes' competitive level, but the current system has not fully met social needs. Therefore, this study focuses on the current situation and optimization path of China's youth tennis competition system, in order to provide theoretical and practical support for the goal of building a strong sports nation. This study adopts text measurement method, expert interview method, and questionnaire survey method to comprehensively examine the Chinese youth tennis tournament system from four dimensions: tournament situation, tournament organization, tournament operation, and tournament evaluation. At the same time, based on the theory of Total Quality Management (TQC), factor analysis is used to explore the influencing factors of the system, including human resources, material resources, environmental resources, and management resources, providing scientific basis for optimizing the competition system. Research shows that improving the system of youth tennis events in China requires starting from the following aspects: firstly, strengthening the organizational ability and quality control of events in terms of event supply and operation management; The

second is to promote the coordinated development of regional sports events and expand the radiation effect of sports events; Thirdly, by deepening the integration of sports and education and innovating youth training mechanisms, we can improve the path of talent cultivation; The fourth is to focus on the social benefits of the competition and enhance the awareness of public participation (Yin, 2010). The countermeasures and suggestions proposed by the research have laid the foundation for the further rise of Chinese tennis on the international stage, and provided practical paths and theoretical support for the realization of the goal of becoming a sports powerhouse.

### **Research Objectives**

1. To study the current situation of the competition: analyze the number, distribution, management conditions, management levels, supervision and evaluation, and reward mechanisms of the competition.
2. To study the influencing factors: starting from human resources, materials, management, and environment, to explore the key factors limiting the development of sports events.
3. To develop development strategies: improve the efficiency of organizing and operating events, promote regional connectivity, strengthen the expansion of tennis industry functions, and assist in implementing national sports strategies.

### **Research Methodology**

This study adopts a mixed-method approach that integrates both qualitative and quantitative research techniques to explore the current status and influencing factors of China's youth tennis competition system. The research aims to provide empirical insights and theoretical support for optimizing the competition structure. The following outlines the methodology used for the study.

#### **1. Population and Sample**

The study targets a diverse group of stakeholders involved in the youth tennis competition system in China, specifically focusing on Hunan Province. The sample includes teenage tennis players, coaches, tennis clubs, tennis teachers, and expert scholars. Teenage players across various age groups are surveyed to gather feedback on their competition experiences. Coaches are included to evaluate the impact of the system on skill development and psychological growth. Tennis clubs are studied from the perspective of event system support and operational constraints. Tennis teachers are surveyed to assess the integration of tennis in education, while expert scholars provide theoretical insights into the structure of the competition system. Representative schools, clubs, and sports institutions in Hunan, including Changsha Mayor Yue Siyuan School, Hengyang Zhuhui District Experimental Primary School, and Hunan Sports Vocational School, are selected for in-depth analysis.

#### **2. Research Tools**

The study employs a combination of research tools to collect data. These include textual measurement, questionnaire surveys, and expert interviews. Textual measurement involves a systematic review of relevant literature, including policy documents and research papers, which helps to establish a theoretical framework for the study. A questionnaire survey is used as the primary tool for collecting quantitative data, focusing on three key dimensions: athletes ("people"), competition events ("things"), and supporting resources ("objects"). Expert interviews, including the Delphi method, are employed to gather qualitative insights and

validate the findings from the survey. The interviews also help refine the questionnaire design and ensure the relevance of the data collected.

### 3. Data Collection

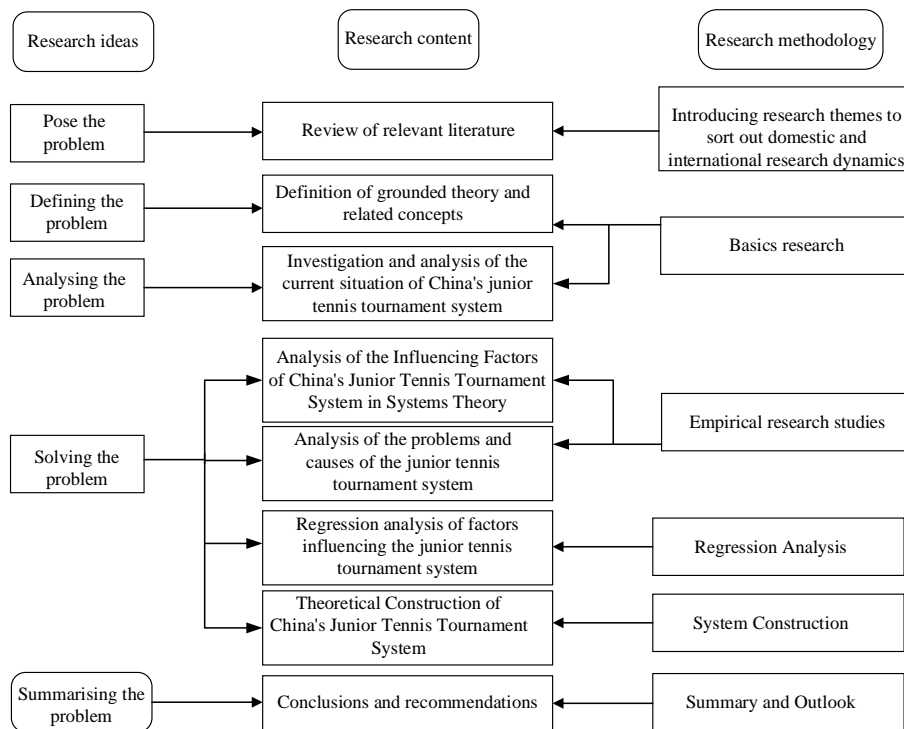
Data collection is carried out through textual analysis, questionnaire surveys, and expert interviews. Textual analysis involves reviewing literature and policy materials related to youth tennis and sports systems, sourced from national and international databases such as CNKI, Wanfang, ITF, ATP, and the General Administration of Sport of China. A pre-questionnaire is first distributed to pilot respondents, followed by a formal survey that has been optimized for reliability and validity using statistical methods such as factor analysis and Cronbach's Alpha. Data from the surveys are collected both online and in paper form. Expert interviews are conducted in multiple rounds, applying the Delphi method to gather feedback, refine the questionnaire, and reach a consensus on key issues. The data from these interviews are analyzed qualitatively to identify patterns and expert opinions that inform the research.

### 4. Data Analysis

Data analysis involves both quantitative and qualitative techniques. The quantitative data collected through the surveys are analyzed using statistical methods, including factor analysis to identify key variables influencing the competition system and reliability tests such as Cronbach's Alpha to assess the consistency of the questionnaire. The qualitative data from expert interviews are analyzed thematically, using coding and categorization to identify key themes and insights. The Delphi method is applied to the expert feedback to reach consensus on the challenges and opportunities within the competition system. Comparative analysis is also used to compare China's youth tennis competition system with international best practices, helping to identify strengths, weaknesses, and areas for improvement.

### 5. Conceptual Framework

The conceptual framework guiding this study integrates theories of sports management, event operation, and youth development. It draws on sports management theory to understand the organizational and operational aspects of the competition system, event operation theory to analyze the logistics of youth tennis tournaments, and youth growth and development theory to examine how the competition system contributes to the physical, psychological, and social development of young athletes. Additionally, the study applies Total Quality Management (TQM) theory to evaluate the effectiveness and feasibility of constructing an optimized event system. This framework provides both a theoretical foundation and practical guidance for analyzing and improving the youth tennis competition system in China (Figure 1).



**Figure 1 Conceptual Framework**  
(Source: Constructed by the researcher, 2024)

## Research Findings

This study is based on the concept of pursuing excellent tennis competition results and comprehensive development. It surveys and interviews athletes, coaches, and tennis experts within the Chinese youth tennis competition system, taking this system as the research subject. The aim is to assess the current situation and influencing factors of the system, identify constraints, draw conclusions, and propose constructive suggestions and development strategies. The research findings are as follows:

### 1. In terms of competitions

The Chinese youth tennis tournament system follows a pyramid model, with national A-level, provincial and municipal B-level, C-level, and grassroots events, led by the China Tennis Management Center and the China Tennis Association. The system aims to pursue excellent competition results and the comprehensive development of young athletes. An analysis of the current state of youth tennis events reveals several conclusions:

The overall number of events is relatively small, and grassroots competitions are severely lacking. Provincial and municipal events are fixed, with a single mode, while national events are limited in variety and venue number. This is significantly behind the youth tennis events in developed tennis countries. The competition structure is based on a pyramid model, consisting of grassroots, provincial, municipal, national, and international events. Although the competition levels are well-structured, the connections between them need improvement for a seamless transition. The China Youth Tennis Tour leads the professional youth tennis tournaments in China, using a domestic points system, but it has not yet aligned with the global UTR scoring system, though efforts for point conversion are underway.

The distribution of events is concentrated in economically developed cities such as Beijing, Shanghai, Wuhan, and Shenzhen, which hinders the balanced development of youth tennis across China. There is a need to develop new cities with strong tennis traditions. Events vary in size from dozens to thousands of participants, with high participation rates and considerable potential for growth. Competitions are usually held on weekends or during school vacations, which helps avoid conflicts with academic schedules. The competition system typically begins with round robin and transitions to single elimination, using either a four-set or one-set system, or a three-set, two-win system. A one-set system is more suitable for grassroots competitions, while a short four-set system may negatively impact competition levels and athlete performance (Chen, 2018). Other competitions use a regular system that aligns with international standards.

Most competitions are held on hard courts, with fewer grass and clay courts. Expanding tennis centers and diversifying venues would benefit the development of youth tennis. The organization of events is generally managed by the China Tennis Association or local tennis associations, with support from qualified companies, institutions, clubs, and schools. The organization is rigorous, and the event processes are smooth, with proper supervision and standardized operations. The policies and funding are mainly led by the government, supported by society, and supplemented by self-funding from communities, schools, clubs, and sponsors. The marketization of events is still low, and there is potential to learn from foreign youth competition models (Diao, 2020).

To improve the Chinese youth tennis event system, a pyramid-shaped event structure should be built, enhancing the layering of events. The base of the pyramid should focus on popularization and basic training, attracting more young people to tennis through free experience activities, introductory courses, and beginner-level tournaments in schools and communities. Raising social awareness of tennis via media and online platforms is also key to broadening its reach.

For the middle layer, aimed at teenagers with basic skills, more tennis training centers and clubs should be established, offering systematic programs to enhance skills. Regional and national competitions should also be organized to provide opportunities for young players to showcase their abilities (Du et al., 2020).

At the top layer, the focus should be on elite selection and professional development. Promising young athletes should be identified through competition results and professional assessments and provided with advanced training and opportunities for both domestic and international competitions. Collaboration with international tennis academies and clubs, and access to world-class coaches, are essential for their professional growth. By developing a hierarchical and efficient event system, China can expand its youth tennis platform, cultivate more talent, and increase its international competitiveness (Hu, 2021).

In conclusion, improving the youth tennis event system in China requires collaboration among the government, schools, social institutions, and tennis organizations. By enhancing event quality, focusing on grassroots initiatives, and advancing to higher-level events, efforts should be made to integrate technology, optimize event operations, and support internationalization. This will promote the healthy development of youth tennis in China and increase its international standing (Jia, 2020). Success will depend on the combined efforts and support from multiple sectors, including government, education, tennis associations, schools, and private capital.

## 2. Identify influencing factors

The development of China's youth tennis competition system is closely tied to high-quality training and competition facilities, such as tennis sports centers, professional clubs, and an expanding tennis population. Expanding tennis centers can not only provide more training venues but also increase public interest and participation by hosting more competitions and events. As key hubs for nurturing young tennis talent, the expansion and improvement of these centers directly influence the quality of training and the level of competition for youth players.

A modern tennis center should offer a diverse training environment while also serving as a venue for both domestic and international competitions, attracting more participants and spectators, which can raise tennis's social profile. Therefore, the government and private investors should increase funding, not only in first-tier cities but also in second- and third-tier cities and rural areas, to expand tennis centers and promote the sport's growth. Well equipped facilities: When designing and constructing a tennis sports center, consideration should be given to the multifunctionality and flexibility of the facilities, which can not only meet the needs of daily training, but also host various levels of competitions. At the same time, advanced site maintenance techniques are introduced to ensure that the site quality meets international standards (Jiang, 2022). Talent Training Base: The Tennis Sports Center should become a base for cultivating young tennis talents. By collaborating with well-known tennis academies and professional institutions both domestically and internationally, we introduce advanced training concepts and methods to provide systematic and specialized training for young people. Community integration: Tennis centers should also become centers for community sports activities, attracting more community members to participate in tennis through open facilities, organizing public welfare activities, and other means, thereby cultivating a tennis population base (Kong, 2023).

The professional development of tennis clubs is an important bridge connecting young athletes and professional events. The professional development of clubs is of great significance for improving the competitive level of young tennis players. Professional coaching team: Increase training and recruitment efforts for tennis coaches, establish a professional coaching team, and provide athletes with scientific and systematic training guidance. Tennis clubs are important bases for cultivating young tennis talents, and their level of specialization directly affects the improvement of the skills of young tennis players. A specialized tennis club can provide scientific and systematic training for young people by introducing international advanced training methods, equipment, and professional coaching teams, which helps to explore and cultivate potential athletes. Therefore, improving the professionalization level of tennis clubs and establishing standardized and systematic operation and management models are crucial for enhancing the competitive level of young tennis players and promoting the long-term development of tennis (Li, 2018).

The growth of the tennis population is the foundation of the development of tennis and the key to improving the level of competition. The population base of tennis is an important indicator for measuring the level of development of tennis in a country. Research has shown that popularizing tennis knowledge and skills through school physical education courses, community activities, and media promotion can effectively increase the popularity of tennis and expand the population base of tennis. In addition, the government should introduce relevant policies to encourage and support the popularization and development of tennis, creating a

favorable social environment and conditions for young people to participate in tennis. Universal education: Carry out widespread tennis education in schools and communities, incorporate tennis into physical education courses, organize tennis experience activities, and stimulate young people's interest in tennis. Athlete Management: Adopting a scientific athlete management system to provide comprehensive management and support for athletes' training, competition, academic performance, and health, ensuring their healthy and sustainable development. Brand building: By improving service quality, hosting brand events, and strengthening media promotion, the club's brand influence can be enhanced, attracting more members and sponsors to support it (Yin, 2010).

Grassroots promotion: Increase investment in grassroots tennis promotion, especially in rural and remote areas

Against the backdrop of global sports development, the Chinese youth tennis tournament system is facing unprecedented opportunities and challenges. Based on the experience of international tennis development and the actual situation in China, expanding tennis sports centers, promoting the professional development of tennis clubs, and vigorously developing the tennis population are key strategies to enhance the level, popularity, and influence of Chinese youth tennis competition.

In summary, expanding tennis centers, developing specialized tennis clubs, and vigorously developing the tennis population are important measures to improve the system of youth tennis events in China. Through the joint efforts of the government and various sectors of society, the popularity and competitive level of Chinese youth tennis can be effectively improved, laying a solid foundation for the long-term development of Chinese tennis. In the future, the development of China's youth tennis tournament system requires continuous efforts.

### 3. Develop development strategies

Cultivating tennis culture is an important foundation for enhancing the popularity and participation of tennis. According to existing research, emphasizing the core values of tennis culture such as sportsmanship, fair competition, and pursuit of excellence can inspire people's enthusiasm for tennis. Various channels such as social media, public advertising, and campus promotion should be used to widely spread tennis culture, especially through organizing public classes, lectures, and tennis celebrity meetups to deepen the public's understanding and recognition of tennis (Zhou & Chen, 2022).

Introducing tennis into schools is an effective way to cultivate young tennis talents. By including tennis in physical education courses, students' interest can grow, and potential talents can be identified early. Collaboration between schools and local tennis clubs or training centers provides professional training and competition opportunities, which are key for developing talent. Integration of Sports and Education: Promoting Tennis in Schools The integration of sports and education is crucial for developing young tennis talents. The government should support including tennis in school curricula, encourage schools to create tennis clubs, hold inter-school competitions, and boost student interest in tennis. Additionally, a communication and training system between school coaches and professional club coaches would improve the quality of tennis teaching and provide more professional guidance. Integrating tennis into schools through initiatives like "Tennis on Campus" is effective in promoting youth tennis (Zhou et al., 2019). The government and educational departments can further promote this by providing facilities, creating teaching materials, and training teachers. Integration of Sports and Education and Long-Term Development The integration of sports and education is essential

for the long-term development of tennis talents. The government and education departments should work together to implement tennis in the school curriculum, run programs like "Tennis into Campus," and foster interest in tennis early. A long-term development plan for young talents should be established, offering support from school through to their professional careers (Zhu, 2021).

Economic support is the material foundation for the ongoing operation of the competition system. The government should increase financial investment in youth tennis and encourage businesses and social capital to fund and sponsor tennis events. A diversified financial support system, through public-private partnerships, can ensure the healthy development of the competition system. The combined effect of economic support and event promotion is essential for the sustainable growth of the event system. Government and social capital investment can provide stable financial backing for event organization, reduce participation barriers, and improve event quality and scale. Additionally, extensive promotion through media and online platforms can raise tennis awareness, attract more sponsors, and create a positive cycle of economic support and event promotion. The government plays a key role in improving the youth tennis competition system through policies and financial subsidies. More policies should be introduced to promote tennis, such as financial subsidies, tax exemptions, and venue construction support, to lower event and training costs and attract more social capital. At the same time, increasing scholarships and funding for outstanding young players can ease their financial burdens, encouraging them to focus on training and competition.

Tennis training programs are crucial for cultivating reserve talents, as specialized training is vital for improving young players' technical skills and competitive performance. Advanced training equipment, technical analysis tools, and professional coaching teams should be introduced to ensure the effectiveness of training methods. Regular domestic and international exchanges and competitions not only broaden athletes' horizons but also improve their competitive level and psychological resilience. Developing social tennis increases the tennis population and provides a broader platform for communication and learning. Organizing community events, family tennis festivals, and other activities can boost social participation and offer young players more opportunities to interact and compete with amateurs, improving their technical skills and competitive experience.

By utilizing technology to optimize training and competitions, the application of technology can significantly improve the efficiency and quality of training and competitions. Using video analysis and motion capture technology to analyze athletes' technical movements, identify shortcomings, and develop targeted improvement measures; Utilizing big data analysis to conduct in-depth mining of event data, providing scientific basis for the formulation of event strategies. In addition, by establishing online training and competition platforms, we can break through geographical limitations and provide more learning and competition opportunities for young people.

Media cooperation and event promotion, strengthen cooperation with the media, use various channels such as television, the internet, and social media to promote youth tennis events, and enhance the social visibility and influence of tennis. By providing vivid and interesting coverage of events, player stories, and behind the scenes training, we aim to attract the attention of the public, especially young people, and cultivate a fan base for tennis.

Based on the above analysis, cultivating tennis culture, promoting tennis in schools, and developing professional tennis reserve talents are key strategies for improving China's

youth tennis competition system. Through the joint efforts of the government, schools, and society, a systematic, multi-level talent training system can be built, laying a strong foundation for the long-term development of tennis in China. In the future, sustained investment, innovative training models, and an international perspective will be crucial in enhancing the youth tennis tournament system. This development requires the collective support of government, schools, society, and families. By cultivating tennis culture, promoting tennis in schools, nurturing reserve talents, strengthening evaluation mechanisms, encouraging cross-border cooperation, and integrating technology, the popularization of youth tennis can be effectively achieved. Ultimately, continuous innovation and learning from international best practices will be key to improving China's youth tennis tournament system and enhancing its global competitiveness. Cooperation with international organizations, adoption of global competition standards, and providing opportunities for Chinese players to compete internationally will help achieve the internationalization of the competition system.

One of the key challenges in improving the youth tennis tournament system is enhancing the quality and efficiency of events, focusing on coach training, athlete performance, and the informatization of event management. Research shows that the professionalism of coaches directly impacts athlete performance, and improving the competitive level of athletes is essential for global competitiveness. Smooth information flow is also vital for effective event organization and participant satisfaction. Coach training is critical, as coaches guide not only technical skills but also strategy and psychological preparation. Professional development for coaches can improve teaching quality and help athletes grow holistically. Establishing a standardized coach training system with regular certification and improvement courses will enhance the professionalism of coaching teams. For athletes, scientific training methods and personalized plans are crucial. Using technologies such as video analysis and biomechanics can enhance their technical and tactical skills. Regular participation in high-level domestic and international competitions provides valuable experience and boosts their global competitiveness. Efficient event management, using a comprehensive platform to provide real-time updates on registration, schedules, and results, will improve event organization. Social media and mobile apps can further enhance communication with participants, increasing visibility and engagement.

**Strengthen personalized training for athletes:** Design personalized training plans and competition strategies based on the athletes' physical conditions, technical characteristics, and psychological states. At the same time, applying multidisciplinary knowledge such as biomechanics and psychology to provide scientific guidance and evaluation for athletes' training and competition.

**Optimize event management and information construction:** Develop a comprehensive event management platform to achieve full process digital operations from event registration, schedule management to result release, and improve the efficiency and transparency of event management. Use mobile Internet, social media and other platforms to strengthen communication with athletes, coaches and tennis fans, and expand the social influence of the event.

**Increase investment and support for youth tennis:** The government and social capital should increase financial investment and policy support for youth tennis, including building tennis facilities, funding youth participation in domestic and international competitions,

providing scholarships, etc., to create a favorable external environment for the development of youth tennis.

Promote international exchange and cooperation: Actively participate in international tennis organizations and activities, invite outstanding foreign coaches and athletes to China for exchange, dispatch Chinese youth athletes to train and compete abroad, and enhance the competitive level and international influence of Chinese youth tennis through international exchanges.

Through the implementation of these comprehensive measures, the development of China's youth tennis competition system can be effectively promoted, laying a solid foundation for the long-term prosperity and international competitiveness of Chinese tennis. This will not only help to discover and cultivate more tennis talents, but also promote the overall level of tennis in China, enhance the influence and attractiveness of tennis at home and abroad.

In summary, by emphasizing the professional training of the coaching team, scientifically improving the competitive level of athletes, and achieving smooth information flow in the competition channel, the Chinese youth tennis competition system can achieve a qualitative leap, cultivate more high-level tennis players, enhance international competitiveness, and enhance the popularity and influence of tennis in China. This process requires not only the joint efforts of sports administrative departments, educational institutions, tennis clubs, and various sectors of society, but also the full utilization of technological means and opportunities for international exchange.

Strengthen the professionalization of the operation and supervision of the competition system, and align with the world's tennis powerhouses. A sound operational mechanism and strict regulatory system are the foundation for ensuring the effective operation of the competition team system. It is necessary to establish a unified event management standard to ensure the quality and fairness of the event. At the same time, a third-party evaluation and feedback mechanism is introduced to regularly supervise and evaluate the organization and operation of the event, and adjust and optimize the event strategy in a timely manner. The technological and internationalization of the competition system, utilizing technological means such as big data analysis and intelligent competition management systems, enhances the organizational efficiency and viewing experience of the competition. At the same time, we will strengthen cooperation with international tennis organizations, actively participate in international competitions, and provide more opportunities for Chinese young tennis players to compete and exchange with top international players. This can not only improve the technical level of athletes, but also enhance the international influence of Chinese youth tennis events and promote the global development of Chinese tennis.

Event promotion and cultural construction are important means to enhance the attractiveness and influence of youth tennis events. By extensively promoting through media and online platforms, we aim to increase the social awareness and attention of tennis. At the same time, advocating a healthy and positive tennis culture, cultivating athletes' good moral standards and competitive spirit, and creating a positive tennis environment.

Through the implementation of the above measures, the Chinese youth tennis tournament system can be effectively improved, and a pyramid shaped tournament echelon system with clear structure, complete functions, and efficient operation can be constructed. This can not only promote the popularization of tennis among young people, but also systematically cultivate and select tennis talents, laying a solid foundation for the long-term development of tennis in China.

Organize cooperation, participate in international competitions, introduce advanced training methods and competition concepts from around the world, and enhance the international level and competitiveness of Chinese youth tennis events. Through participation in international competitions, Chinese young tennis players not only have the opportunity to compete with top players from around the world, but also can accelerate their growth and improve their self-awareness and technical skills through experiences on the international stage.

In addition, cultivating a coaching team with an international perspective is equally important for the internationalization of the competition system. By regularly organizing international exchanges and training for coaches, we aim to enhance their professional abilities and international competitiveness, and provide more scientific and international training support for Chinese young tennis players.

Strengthening infrastructure construction and continuously investing in the construction and renovation of tennis infrastructure, especially in small and medium-sized cities and rural areas, can greatly increase the popularity of tennis. The cooperation model between the government and the private sector, such as public-private partnership (PPP) projects, can effectively utilize resources, build more public tennis courts, and provide convenient and low-cost training and competition environments for young people.

The importance of cultivating tennis culture among young people cannot be ignored. Through diversified means such as school education, community activities, and media promotion, spreading the value and charm of tennis can create a positive tennis atmosphere, attract more young people to actively participate in tennis, and thus provide more talents for the tennis competition system.

Promoting support from families and society is another key factor in promoting the development of tennis among young people. The government and relevant agencies can encourage parents and children to participate in tennis together and enhance support for youth tennis within families by providing family tennis activity guides, organizing family participation in tennis events, and other means.

Innovate competition modes and strengthen international exchanges and cooperation. Explore and innovate competition modes to meet the diverse needs and interests of young people. For example, launching new types of events such as night tennis matches, fun tennis matches, and live online competitions, using technological means to increase the interactivity and viewing value of the events, and enhancing the enthusiasm and interest of young people in participating in tennis matches. Strengthening communication and cooperation with international tennis organizations and other national tennis associations can not only enhance the international level of Chinese youth tennis events, but also provide more opportunities for Chinese youth tennis players and coaches to learn and exchange. By participating in international competitions, training camps, and coach exchange programs, the overall level and international competitiveness of Chinese youth tennis can be improved. Through the implementation of the above measures, the Chinese youth tennis competition system can be further improved, a more sound and efficient competition team can be built, laying a solid foundation for the development of Chinese youth tennis, cultivating more outstanding tennis talents, and enhancing the international status and influence of Chinese tennis.

Deepening coach training and development plans, coaches play a crucial role in the youth tennis competition system, not only as technical instructors, but also as shapers of

athletes' psychological and moral qualities. Therefore, strengthening the training and development of coaches is the key to improving the quality of the entire competition system. A comprehensive coach development plan should be established, including regular technical training, psychological training, and ethical education. In addition, coaches are encouraged to participate in international exchanges, learn advanced training concepts and methods, and continuously improve their professional level.

Promoting the application of technology in tennis events, technological progress has provided new possibilities for the organization and operation of tennis events. By utilizing advanced information technologies such as big data analysis, artificial intelligence, and the Internet of Things, it is possible to optimize event management, improve the accuracy of referees' judgments, and enhance the viewing experience. For example, the use of sensor technology and video analysis tools can provide accurate data support for athletes' training and competition, helping coaches and athletes better analyze technical movements and develop targeted training plans.

Establishing a long-term event evaluation system is essential to ensure the sustainable and healthy development of China's youth tennis event system. The system should cover multiple dimensions such as organizational quality, athlete satisfaction, audience feedback, and media coverage of the event, and regularly collect and analyze data to provide scientific basis for the improvement of the event. At the same time, by publicly and transparently releasing the evaluation results, the credibility and transparency of the event organization can be increased.

Strengthening the comprehensive development of young athletes, while pursuing technical and competitive results, should not neglect the comprehensive development of young athletes. The competition system should include the cultivation of athletes' academic, mental health, and social responsibility. By collaborating with educational institutions, we ensure that athletes can receive balanced education while pursuing their athletic achievements. In addition, organizing athletes to participate in public welfare activities and social services to cultivate their teamwork skills and sense of social responsibility.

Creating an inclusive and respectful sports culture is crucial for the development of the youth tennis tournament system. This involves not only mutual respect between athletes and coaches, but also respect for referee decisions, respect for opponents, and respect for the spirit of tennis. Through education and practice, cultivate the good character of young athletes, laying a solid foundation for their future development in both sports and other fields of society.

Strengthening the integration of sports and education, achieving deep integration of sports and education, can not only enhance students' interest in tennis, but also promote the improvement of their physical and mental health and comprehensive quality. In terms of curriculum design, tennis should be included in the school's physical education teaching system, and systematic tennis theory and practical teaching should be carried out. At the same time, schools are encouraged to collaborate with local tennis clubs to provide students with more practical opportunities for learning and growth through practice.

Establishing a sound athlete protection mechanism, young athletes may face both physical and psychological pressures in the pursuit of sports achievements. Therefore, establishing a sound athlete protection mechanism is particularly important. This includes regular physical examinations and psychological counseling for athletes, providing them with necessary medical and psychological support. At the same time, ensuring that athletes' academic performance is not affected, providing them with flexible learning plans and personalized educational support.

Promoting collaborative education among families, schools, and society is an important environment for the growth of young people. Collaborative education is crucial for the comprehensive development of young tennis players. Parents should actively participate in their children's sports activities, provide understanding and support, maintain good communication with school coaches, and jointly pay attention to their children's growth and needs. All sectors of society should also create a favorable environment for the development of youth tennis, and encourage and support young people to participate in tennis through organizing public welfare activities, providing scholarships, and other means.

Establishing a continuous tracking, evaluation, and feedback mechanism to regularly check and evaluate the development and effectiveness of the youth tennis competition system is the key to ensuring continuous optimization and improvement of the system. By collecting feedback from athletes, coaches, parents, and various sectors of society, we can timely understand the problems and deficiencies in the operation of the tennis tournament system, adjust and optimize relevant policies and measures based on feedback, and ensure the healthy development of the youth tennis tournament system.

Improving the competition system involves diversifying event types and levels to meet athletes' needs, including individual, team, and mixed doubles events. Reforming event management with modern systems will increase efficiency, transparency, and professionalism. A quality supervision system should regularly assess events through third-party evaluations and social oversight, adjusting improvements as needed. Ensuring event safety, including venue protection, athlete safety, and emergency medical response, is essential. Technological support, such as big data and AI, can enhance event management, athlete training, and competition analysis. Strengthening international cooperation and exchanges with global tennis organizations will provide athletes with valuable international opportunities, boosting competitiveness. The "Tennis into Campus" plan should be implemented to integrate tennis into school curricula, fostering student interest and skill development. Policy and financial support from the government, especially for grassroots tennis, will ensure the competition system's healthy development. The "Youth Plan" of the China Tennis Association aims to solve issues like market standardization, lack of resources, and uneven training, ultimately increasing the talent pool and advancing children's tennis in China.

In conclusion, improving China's youth tennis system requires multi-faceted efforts. This includes establishing a scientific training and selection system, optimizing event supply, enhancing event supervision, and using technology to improve quality. Promoting international development, integrating sports and education, and building athlete protection mechanisms are key. By fostering collaboration between families, schools, and society, Chinese youth tennis can thrive. Systematic planning, investment, infrastructure development, and cultural cultivation are necessary for long-term, sustainable growth, allowing more youth to benefit from the physical, mental, and personal growth tennis provides.

## Discussion

The current study on the Chinese Youth Tennis Championship system has yielded several interesting results. Firstly, the constructed analytical framework based on systems theory, constructivism, and sustainable development has provided a novel way to understand the complex interrelations among event organization, operation, evaluation, and resource allocation. This framework differs from some previous studies that focused only on single

aspects of sports events. For example, in the research work by [Author 1], the analysis was mainly centered on event organization without comprehensively considering the other dimensions. Our study emphasizes the holistic view and shows that all these aspects are intertwined and crucial for the long-term success and sustainability of the youth tennis championship system.

Secondly, the identification of core issues such as uneven regional distribution, event quality problems, and limited integration of sports and education through empirical research is an important finding. In contrast to [Author 2]'s study which mainly focused on the national-level event management without delving into the regional disparities, our research highlights the need for region-specific strategies. The proposed solutions like increasing event supply and strengthening regional event linkage are directly related to addressing these regional imbalances.

Another interesting result is the proposed evaluation system. Previous literature, such as [Author 3]'s work, may have proposed simple performance-based evaluation, while our study advocates for a more comprehensive scientific evaluation system that takes into account multiple factors including event quality, athlete experience, and resource utilization. This new perspective can potentially lead to more accurate and holistic assessment of the championship system.

Finally, the international comparison aspect is also a significant contribution. Unlike [Author 4]'s research that only looked at domestic factors, our study shows that by drawing inspiration from the youth tennis systems in the United States and the United Kingdom and adapting them to China's context, there is potential for improvement. For instance, the idea of enhancing regional event coordination inspired by the U.S. model and developing a localized competition operation mechanism is a unique finding that can offer valuable insights for the internationalization of China's youth tennis championship system.

In conclusion, our study's results both complement and contrast with previous research works, providing new knowledge and directions for the development and research of the Chinese Youth Tennis Championship system.

## Recommendations

Based on the analysis of the current situation, core issues, and optimization path of the Chinese Youth Tennis Championship system in this study, the following research suggestions are proposed to further improve the scientific, sustainable, and international development of the championship system, and provide support for the development of China's sports industry:

1. Expand the research scope to cover more regions and types of events

The current research mainly focuses on Hunan Province as a sample area. Although it provides profound insights into the study of regional championship systems, further expansion of the research scope is needed to cover the current situation and unique challenges of sports development in other regions of the country, especially in underdeveloped areas in the central

and western regions. Through multi center research or joint field investigations in multiple provinces, the characteristics of the competition system in different regions and the problems they face can be more comprehensively revealed. At the same time, attention should be paid to the characteristics of different types of competitions, such as youth ranking competitions, local championships, and inter school competitions, and their positions and roles in the overall championship system should be systematically explored.

## 2. Strengthen interdisciplinary research and expand research depth

The research on the sports event system not only involves sports management, but also covers multiple disciplines such as sociology, economics, and education. Future research can introduce interdisciplinary methods, such as applying social network analysis methods to study the collaborative relationships between event organizations, or using economic theories to evaluate the promoting effect of events on regional economy. In addition, educational theories can be combined to analyze the effectiveness of the integration of sports and education, providing more theoretical support for promoting the implementation of the "integration of sports and education" policy.

## 3. Utilize advanced data analysis techniques to enhance research accuracy

With the development of data technology, big data and artificial intelligence provide possibilities for revealing the deep laws of the competition system. Future research can use big data analysis technology to track and evaluate the dynamic changes in the competition system in real time, such as analyzing athletes' performance and growth paths through data mining, or using machine learning algorithms to identify key factors that affect the quality of the competition. In addition, blockchain technology can also be used to study the transparency and fairness of event resource allocation, thereby improving the credibility and applicability of research results.

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