

# **A Study of Ethnic Sports Situation and Development in Ethnic University Guangxi China**

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## **Abstract**

A study of ethnic sports situation and development in Ethnic University Guangxi China the objectives of this research were to study the situation and guidelines for the development of ethnic sports in ethnic university guangxi china using quantitative research methods. collected data from a sample were 10,000 people, using percentage criteria to determine the sample group. A sample size of 10 percent was used using simple random sampling, totaling 1200 people. The research instrument was a questionnaire on problems and guidelines for the development of ethnic sports. Data analysis used Average and percentage. The results of the study found that :

1. Ethnic students in Ethnic University Guangxi China have low attitudes towards ethnic sports percentage 49.58
2. Among the number of students who know about ethnic sports, 64.32% are mainly recommended by mobile phones
3. The current situation in which students are interested in and exercising in ethnic sports is to improve their health. Improved sports ability by 87.96 percent.
4. Development approach project promotion and school class activities and there is support and promotion. Official ethnic sports competitions within the university and outside the university with the government sector Various organizations are regularly involved.

Conclusion: A study of ethnic sports situation and development in Ethnic University Guangxi China should guidelines for promoting ethnic sports activities in universities It is essential that there be clear and clear guidelines for promoting and preserving traditional culture. Raise awareness and access to ethnic sports Including creating understanding for students and staff. Develop public relations media to reach people of all ages. The university should play a role in supporting the budget for operations. Research related to supporting and promoting ethnic sports.

**Keywords:** Ethnic sports; Situation; Development approach

## **Introduction**

Guangxi Minzu Normal University, located in Chongzuo City, Guangxi Zhuang Autonomous Region, is a full-time undergraduate college organized by the Guangxi Zhuang Autonomous Region People ' s Government and supported by Nanning Normal University. Founded in 1939 as Guangxi Chongshan Normal School, it evolved through several stages before being upgraded to an undergraduate university in 2009. The campus spans 1,142.6 mu with 460,200 square meters of construction area and 230 million yuan worth of teaching and research equipment. The university comprises 13 secondary colleges with 49 undergraduate

majors, staffed by 1,154 faculty members, including 905 full-time teachers. The student body includes 20,000 full-time students, over 51% of whom belong to ethnic minorities such as Zhuang, Yao, Miao, Dong, Yi, and Mulao. The university emphasizes national sports and was awarded the title of “2017-2020 National Advanced Unit of Mass Sports” by the State General Administration of Sports on September 2, 2021. This research examines the current state of ethnic sports at the university, exploring guidance from national policies, increasing funding through multiple channels, integrating national sports into campus activities, improving traditional ethnic sports rules, and promoting teaching and research in ethnic sports.

At present, Guangxi Normal University for Nationalities has 1154 staff members, including 905 full-time teachers, 291 teachers with senior titles, and 754 teachers with doctor's or master's degrees. The university has 13 secondary colleges offering 49 undergraduate majors, covering 11 major disciplines including economics, law, education, literature, science, engineering, management, art, history, medicine and agriculture. In addition, it has established key laboratories and research bases of universities and colleges in the autonomous region, such as "Zuojiang Ethnic Culture Research Center", "Guangxi Border Ethnic Education Research Center", "Guangxi Culture and Tourism Research Base", "Key Laboratory of Chemistry of Southwest Guangxi Characteristic Plant Resources" and "Chongzuo Key Laboratory of Manganese Resource Comprehensive Utilization Technology". In this context, the development of traditional ethnic sports is undoubtedly to meet the needs of physical exercise and fitness for teachers and students in schools. At the same time, under the requirements of the new era, it is also the development requirements and educational of the process of building the "ethnic sports base and research center" of Guangxi Normal University for Nationalities.

Conclude the research problems

This study to ethnic sports situation and develop nationalities and promote the ethnic concept of the school. At the same time, it can meet the needs of fitness and exercise in the daily life of students of the whole school, enhance the emotional experience bond between teachers and students, enrich the cultural and sports activities on campus through the development of national sports projects, and improve the sports knowledge of teachers and staff.

## Research Objectives

1. To study the situation of ethnic sports in Ethnic University Guangxi China.
2. To study the development of ethnic sports in Ethnic University Guangxi China.

## Literature Review

In the Mekong region, China, Burma, Vietnam, Laos, Thailand, and Cambodia have groups. Every nation has different civilizations, history, customs, traditions, religion, culture, and language. A lot of people this region of Southeast Asia is an area where we cannot deny that it is a place with foreign people. The most numerous ethnic groups and languages are present and the mix is the least complex.

The literature review on ethnic sports in China constitutes a comprehensive study of the sports and gaming activities of the various tribes living in China. with emphasis on cultural diversity History, preservation, and development of tribal sports along with modern Chinese society. The topics in the literature review It can be divided as follows:

1. History and culture ethnic sports are closely linked to the culture and traditions of each tribe. Some tribes may have sports that originate from activities related to daily life, such as hunting and ritual dances. or display of physical skills.

2. Ethnic diversity China has more than 50 ethnics scattered throughout the country. Each tribe is unique in its own sports, such as the Uyghur tribes in Xinjiang with horseback riding or tribes in Tibet with traditional religious sports.

3. Social role and conservation This review should explore whether Are tribal sports part of preserving tribal culture and identity? There may be an annual tribal sports festival organized. This helps promote unity among tribal groups.

4. Challenges in the modern era Tribal sports are facing changes in the modern era. from globalization and efforts to adapt to western sports Some tribes may find that traditional sports have disappeared or are not as popular as before.

5. The role of the Chinese government The Chinese government has a policy to support and promote tribal sports. There is a national competition organized. Financial support and resources and promoting acceptance on the international stage.

6. Economic importance sports cultural tourism has become another important economic factor. Tribal sports are offered as part of attracting tourists. Both inside and abroad. Situation of ethnic sports in China.

China is a country with many tribes, but due to the passage of time, some small tribes gradually became extinct. Therefore, many decades ago The government of the People's Republic of China has clearly surveyed or searched for tribes that still have their own identities. and still maintains local customs or lives according to the habits of the tribes, then concludes that until now, China has 56 tribes, of which 5 main tribes are the Han, Mongol, Tibetan, Hui or Muslim and Manchu tribes. In 1953 in the city of Tianjin in northern China. The first ever tribal sports festival was held throughout China. It is considered a sports event that promotes unity between tribes. It shows China's tribal policy that emphasizes equality. making various minorities who were oppressed in the old society for thousands of years able to bring their native sports Went to compete with other tribes across the country, including the Han tribe popular tribal sports include wrestling, wushu, and tug-of-war.

Wrestling is a popular sport among many tribes throughout China. Each tribe has its own method or rules for playing. Therefore, in tribal sports events throughout the country, wrestling competitions are organized, divided into 5 categories according to tribe: Mongolian tribal wrestling; Sinkiang Uighur tribal wrestling Tibetan wrestling Wrestling of the Yi tribe and Manchu wrestling. The competition with the most athletes participating is definitely Wushu or Chinese martial arts. Because it is widely popular among people all over China. Whether it is the Han ethnic group that accounts for more than 95% of the country's population; or the people of 55 other tribes whose total population is approximately 5% of the country's population.

In the Mekong region, China, Burma, Vietnam, Laos, Thailand, and Cambodia have groups. Every nation has different civilizations, history, customs, traditions, religion, culture, and language. A lot of people this region of Southeast Asia is an area where we cannot deny that it is a place with foreign people. The most numerous ethnic groups and languages are present and the mix is the least complex.

## Research Methodology

### Population and sample

The population used in this study is students in Ethnic University Guangxi China collected data from a sample were 10,000 people, using percentage criteria to determine the sample group. A sample size of 10 percent was used using simple random sampling, totaling 1200 people.

### Research instruments

According to the needs of the research, the questionnaire survey is designed, which is divided into two parts: Questionnaire 1: the minority students of Guangxi Normal University for Nationalities; Questionnaire 2: Students of physical education major in Guangxi Normal University for Nationalities. In order to ensure the validity and reliability of the two questionnaires, 2 associate professors and 1 professor were first consulted in the design of the questionnaires. At the same time, 7 expert validity tests were conducted in Guangxi Normal University for Nationalities, which were divided into 4 qualitative evaluations, namely: invalid, general, fair and valid and reliability testing (Validity) was performed by re-testing reliability method. According to the requirements of reliability test, 50 students (35 in questionnaire 1 and 15 in questionnaire 2) were first surveyed. 15 days later, these students filled in the questionnaire again for the second time and compared the results of the two tests. The reliability coefficient of reliability (R) is as follows:  $R=0.91$ . Cronbach's Alpha coefficient of the whole questionnaire and all dimensions in the questionnaire were less than 0.01, so it can be inferred that the results of the questionnaire met the reliability test of sports statistics.

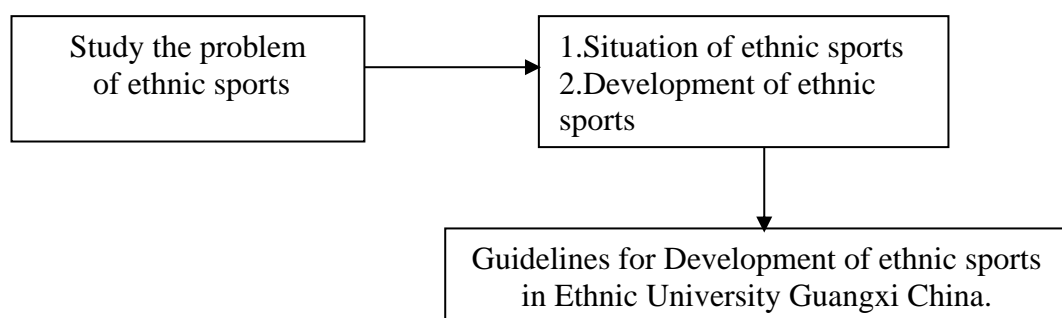
### Data collection

According to the needs of the research, the questionnaire survey is designed, which is divided into two parts: Questionnaire 1: Situation of ethnic sports in Ethnic University Guangxi; Questionnaire 2: the development of ethnic sports in Ethnic University Guangxi China.

### Data analysis

From the relevant information received from the questionnaire Using the SPSS 22.00 program used for data statistics and logical analysis. Used to summarize, summarize, and analyze data. To understand the development status of ethnic sports in Guangxi Ethnic Teachers University and the existing practical problems and Data analysis used average and percentage

## Research Conceptual Frameworks



**Figure 1** Research Conceptual Frameworks

## Research Results

1. The situation of ethnic sports in Ethnic University Guangxi China. Found that Students have a general attitude towards sports. A total of 595 people choose this option, accounting for 49.58% of the total number, nearly half of the students. However, there are only 85 people who like sports very much, accounting for 7.08% of the total number, indicating that sports have not reached the level of love among students. These data prove the participation level of national sports and 547 people knew about ethnic sports, accounting for 45.58%; There were 653 people who did not know much or were not clear about national sports, accounting for 54.42% of the total number and the number of students who know about ethnic sports, 64.32% are mainly recommended by mobile phones, followed by related posters and photos, accounting for 54.06%, the proportion of teachers' information and classmates' introduction is almost the same, while the class activities and daily life are less known, accounting for 37.83%, and The above data indicate that the understanding and participation of non-physical education students in ethnic sports in Guangxi Normal University still need to be improved.

2. The development of ethnic sports in Ethnic University Guangxi China. Found that the analysis of the survey results, most teachers and students of ethnic sports courses are quite satisfied with the teaching environment and teaching facilities, especially 83.35% of teachers are quite satisfied with the evaluation of classroom teaching effect of ethnic sports programs. Comparatively speaking, 3 teachers think that the competition level of ethnic sports programs needs to be improved. The satisfaction of the implementation of the national sports project was 70.58%, indicating that there is room for further improvement and There are two main factors affecting the development of ethnic sports, namely, internal and external factors. However, according to the interview, the main motivation for the development of ethnic sports in Guangxi Normal University for Nationalities is the investment of school funds, which accounts for 3/5 of the funds of the school every year. Therefore, funds are one of the main reasons for the development of ethnic sports. The second is the inheritance and innovation of the national Wenchuan, our school from the top, pearl ball and gun fireworks this traditional items, gradually developed a swing, Zhanjia, coconut climbing tree, move ball, shuttlecock, board shoe racing, high horse, high pole throwing hydrangea and other national sports.

## Discussion

### 1. Current situation of ethnic sports in Guangxi Normal College for Nationalities

1.1. Teaching and research: Scientific research contributes to the improvement of education and teaching level. In the aspect of university teaching and research, teachers' teaching and research are unified, and the two can support and improve each other, which is an important force to promote the progress of education. The accumulation of scientific research results plays a strong role in promoting the improvement of teaching level and effect. From the perspective of long-term and overall impact, teaching and scientific research are inherently unified. Through the competitive scientific research of Guangxi Normal University for Nationalities, the teaching content of ethnic sports is innovated, and the teaching methods and methods are updated and deepened. The key of this study is to promote the education construction and the development of ethnic sports in Guangxi. Because the level of scientific research can promote the development of national sports in Guangxi Normal University for Nationalities, including teaching, training and competition, and the accumulation of teaching practice determines the level development of scientific research, the two complement each

other and are indispensable which is consistent with the research of Allison, L. (2005). the results of the study found that The role of international sports in relation to different ethnicities and cultures shows that sports can reflect and strengthen ethnic identities. Therefore, it is wise to clearly find formats and guidelines for the development of ethnic sports.

## 2. The development of ethnic sports in Ethnic University Guangxi China.

2.1 National sports development in campus culture : Campus culture is a group culture with students as the main body and extracurricular cultural activities as the main content. Campus culture construction is a group culture with students as the main body, campus as the main space, including school leaders and staff, and campus spirit as the main feature. Campus culture is a part of the overall culture of the society. Campus culture construction and scientific research improve the cultural taste of the school, which mainly includes the cultural concepts represented by students and the thinking characteristics, behavior characteristics and ways of all standardized students. The cultural activities in the form of group in students' extracurricular life are the ethos and spirit that can best reflect the essential content of campus culture. The national traditional sports is the treasure of national culture, science to promote the all-round development of students, edify students' sentiments, enlighten students' minds, form students' values, outlook on life and traditional customs and concepts, help to cultivate "four" new people, that is, healthy body and mind and other important significance

## 2.2 Guangxi Normal College for Nationalities national sports development line

Research on the development of national sports competitive level: The development line of ethnic sports of Guangxi Normal University for Nationalities is mainly to participate in sports competitions. At present, the school's ethnic sports have participated in national competitions and the Guangxi Zhuang Autonomous Region Ethnic Sports Games. Since the opening of Guangxi Normal University for Nationalities Ethnic Sports Games in 2017, it has been opened for 5 years. The school has won a total of 718 awards in related competitions. It has added luster to the social influence of the school. On the main line of the competition, the teaching development concept of "promoting education by competition and promoting learning by training" of national sports has also been reflected.

Research on the development of national sports campus culture: National sports has been integrated into the campus cultural activities, and some of the projects have become the content of the campus "big break", and some related scientific research results have been obtained. How to promote the connotation of the school's ethnic sports culture, excavate the characteristic ethnic sports projects, help the construction of "one school, one product", promote the "fine project" of ethnic sports culture works, and accelerate the transformation of the development mode of campus ethnic sports, so as to coordinate the planning and construction management of ethnic sports, enhance the campus cultural life, and open the campus cultural life in the new era.

## 2.3 Development approach

### 1) External factors,

1.1) Financial support and funding support, including project facilities construction, student competition funds input, teacher training compensation

### 1.2) Limitation of participants

1.3) There are few prizes and only one prize for the projects carried out in the competition

## 2) Internal factor

2.1) The fitness function of the project refers to the physical exercise ability obtained by students participating in the national sports program

2.2) Whether the entertainment of the project is outstanding and whether the interesting characteristics are outstanding

2.3) To meet the needs of students, through watching national sports competitions, can relieve physical and mental pressure

Is consistent with the research of Adair, D., & Vamplew, W. (1997). The role of sport in Australian Indigenous communities Emphasis is placed on changes in the style of sport and the participation of different ethnic groups and Analyzing the transformation of sport across ethnic groups in England. And the way sports relate to the identity and culture of various groups will be an opportunity and a way to develop ethnic groups, especially in sports, through teaching and learning and cultural activities that help preserve the identity of ethnic groups. That kind of stuff.

## Recommendations

### 1. Theoretical Recommendation

To carry out scientific research and teaching research on ethnic sports projects Theory links with practice, theory guides practice, on the contrary, practice promotes research, theory and practice complement each other. The long-term and efficient development of ethnic sports cannot be achieved without the support of theoretical research, and the research results can correct the development direction of ethnic sports and continuously promote the development of ethnic sports. Although the research on ethnic sports has been gradually carried out, it is still necessary to increase the investment of funds and the guidance of policies to speed up the research on ethnic sports in the southwest border area of Guangxi. To promote the rapid development of ethnic sports and meet the high development demand of ethnic sport

### 2. Policy Recommendations

Based on the development of border ethnic groups in Chongzuo City, the competition platform of ethnic sports events was built In the opinions of The State Council on February 23, 2022 on comprehensively promoting the key work of rural revitalization in 2022, it is advocated that under the new era, the integration of cultural activities to benefit the people should be integrated, and further support the village songs, "village evenings", square dances, fun sports games, etc., and the Opinions require cultural and sports activities that reflect the interests of farming and farming in the new era. [10] Ethnic sports is the prototype of agricultural interest and taste. In order to accelerate the development of rural revitalization of ethnic sports, we must actively accelerate the development of rural revitalization of ethnic sports and create a new platform, which is an important way to effectively promote the development of ethnic sports in Guangxi Normal University for Nationalities.

### 3. Practical Recommendations

Excavating characteristic national sports projects to help the characteristic construction of the school. Explore the national sports projects in the southwest border area of Guangxi, create a new platform, build a new mechanism and inject new vitality for the overall and coordinated development of urban and rural areas and accelerate the revitalization of rural

areas. At the same time, it will further help the establishment of "one county, one product" in border areas, and also enhance social influence for economically underdeveloped rural areas. The development of the region is not only the improvement of the economic level, but also the improvement of the health level of the people. Only the economic development can drive the development of national sports. Therefore, the exploration of special ethnic sports is not only the development of sports itself, but also the construction process of regional economy

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