



## SURVEYING ON THE MEMBERS BENEFITS OF YINWANG HIGH SCHOOL MUSIC CLUB IN HUIZE COUNTY

Li peng<sup>1</sup> and Pranote Meeson<sup>2</sup>

<sup>1,2</sup> Faculty of Music Bangkokthonburi University

E-mail: meesonp@hotmail.com \*Corresponding Author

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### ABSTRACT

**Introduction:** Through the observation of the three music clubs in Huize County Yinwang High School, the three instructors of the music clubs were interviewed and the members of the three music clubs were questionnaire surveyed for a comprehensive analysis, to understand the situation of their opening, and to find out the benefits of the music clubs on the members of the music clubs, and to have some feedback and conclusions on the existing problems. **Objective:** To study the benefits of members in the music club at Yinwang High School in Huize County. Methods: This study used mixed research methods, qualitative research: interviews with instructors of music clubs to summarize the activities of music clubs to observe and fill in the classroom observation form and analyze; quantitative research: questionnaires to members of music clubs and analyze. **Results:** The opening of the music club at Yinwang High School in Huize County provides students with an opportunity to study and practice music in depth, helping members to improve their musical literacy, come into contact with a wealth of musical works, acquire knowledge of music theory, and enhance their musical perception and aesthetic ability. Through participation in club activities, students are able to vent their emotions, reduce academic pressure, and find an outlet for emotional expression. At the same time, club activities also promote the inheritance of national culture, especially the learning of traditional musical instruments such as Hulusi, which allows students to understand and experience the charm of national music. **Conclusion:** Music club not only enriches students' extracurricular life, but also supports their overall development in many ways. It helps students better regulate the balance between academics and life by cultivating their musical literacy, emotional expression, teamwork, and self-confidence in the face of challenges. With the continuous improvement and development of the club's activities, the Music Club

will become an important part of students' growth process, helping more students to discover their interests and potentials, and become a better version of themselves.

## 1. INTRODUCTION

With the development of the times, the modern society has higher and higher requirements for talents, not only have the corresponding knowledge and skills but also have a certain aesthetic ability. The school aesthetic education program is also more and more standardized, not only to provide general aesthetic education courses but also to expand the activities of clubs to enrich the after-school life of high school students.

According to the Opinions on Comprehensively Strengthening and Improving Aesthetic Education in Schools in the New Era issued by the General Office of the Central Committee of the Communist Party of China (CPC) and the General Office of the State Council in October 2020, the document points out that aesthetic education is a kind of education of sentiment, education of the heart, and education for broadening the mind, enriching imagination, and cultivating creativity. It also points out that diversified aesthetic education courses should be carried out in senior high schools, through which aesthetic experience can be enriched and horizons broadened, while practical music activities should be enriched, and artistic practical activities such as chorus and ensemble should be carried out. It can be seen that the national requirements for both art curriculum and students' artistic literacy have been increasing, once again emphasizing the importance of art education and high school music practice. (Meng, 2021)<sup>[3]</sup>

As a leading school in Huize County, Yinwang High School adheres to the school philosophy of “establishing the school with morality, strengthening the school with quality, daring to be the first, and pursuing excellence”, and is in a leading position in the development of educational and teaching activities, focusing on the integration of the five education and broadening the path of student training. As a music teacher, the author is engaged in music teaching work, also has great interest in music clubs. Through the observation of the three music clubs in Yinwang High School in Huize County, the three instructors of the music clubs were interviewed and the members of the three music clubs were questionnaire surveyed for a comprehensive analysis, to understand the situation of their opening, to find out the benefits of carrying out music clubs to the members of the music clubs, and to discuss the research questions and draw conclusions.

## 2. OBJECTIVES

To study the benefits of members in the music club at Yinwang High School in Huize County.

## 3. LITERATURE REVIEW

3.1 The positive effect of the development of music clubs on the building of campus culture  
In addition to the weekly music class, there are music-related extracurricular activities, music club

students are music hobby and music students, they are usually in the class will also undertake such as the opening ceremony of the Games, the Arts Festival, the New Year's Day concert and other programs and performances. The development of music clubs enhances the artistic atmosphere of the campus, creates a good campus atmosphere, and also allows busy high school students to go out of the classroom, feel the beauty of more art, experience a rich campus life, broaden their horizons, cultivate their sentiments, and learn more in a relaxing and enjoyable environment, and increase their knowledge and skills in various aspects. (Xu, 2020)<sup>[6]</sup>

Shan (2016)<sup>[2]</sup> In the study of the development status and countermeasures of junior high school music clubs, it is also introduced that the clubs adopt the principle of students' voluntary participation and fully embody subjectivity. After new students enroll in the school, the old members of the club will put up recruitment posters to recruit new members into the club. Students can voluntarily enroll according to their own preferences, every year the school will prepare two periods of time for each club to recruit new members, the old members of each club on the playground to show their skills, recruiting saints and sages, a very good relief of the students' intense learning pressure, improve their social skills, and enrich the cultural life of the campus.

### 3.2 Positive Implications of Music Club Development for Classroom Instruction

Music club is a group formed by students who love music, and the course content is centered on various activities of music. Students get the direct experience of music through the music activities in the music club. The music club is more active and practical than the music classroom. It is an extension and supplement of the music classroom. Therefore, it is also believed that music club is the second classroom of students' music learning. As one of the school's music activity courses, music club is no longer limited to the teaching materials in the classroom, but a variety of music activities. The teaching contents of singing, playing and listening appreciation in the music classroom are included, and at the same time its activities are more diverse and open. (Lei, 2021)<sup>[1]</sup> At present, most of the music classes after secondary school in China are based on theoretical learning, in the classroom purely teaching theoretical knowledge to listen to the music and not achieve the music classroom fun, students will lose the sense of anticipation for the classroom. The formation of music clubs makes up for this shortcoming, and the activities are diverse and open.

Xu (2020)<sup>[6]</sup> in the high school music club status quo research and development countermeasures research, club activities and classroom teaching using different teaching methods, in the club activities of each member of the club have the right to speak, can be fully diversified, dialogue, questioning type of education, which is very different from the classroom is a very different environment, more harmonious and equal atmosphere. Therefore, music club activities

are complementary to music classroom teaching, is an open teaching mode. In the music club. In the music club, every student has the autonomy to practice according to their personal needs, hobbies and specialties, etc. At the same time, teachers can also practice according to the students' needs. At the same time, the teacher can also instruct the students according to their preferences, not limited to the textbook. These are difficult to realize in the music teaching classroom, in the harmonious and relaxed atmosphere of the music club, students can explore more musical creativity, aesthetic ability, and improve the cohesion of students and team members to work with each other. Music club to break the time and space constraints, a music class 40 minutes must complete the corresponding teaching tasks, facing the class of 50 or 60 students cannot be all the answers to all of the students' questions. The music club can supplement the above shortcomings, in the music club has a special classroom space, the class we all meet together with a common goal, and after class can also share each other's interests through the network, learning from each other to break the limitations of classroom teaching.

### 3.3 Core Literacy in Music

The core qualities of music in the General High School Music Curriculum Standard have three requirements, aesthetic perception, artistic embodiment, and cultural understanding. Aesthetic perception has been illustrated in the literature, and the most profound of the three qualities is cultural understanding. Cultural understanding literacy is the most important point in the core qualities of music, which includes cognition of the art form and cultural characteristics of music. It includes recognizing the artistic form and cultural characteristics of music, understanding the relationship between music and other arts, and understanding the mutual influence of music development and social development. Cultural understanding is developed on the basis of humanistic nature, and music is like an indispensable part of the spice of life. From ancient times to the present, music is an important part of culture, and the music of each era has a different style, the music of each nation has ethnicity, and the music of each country is representative. Students in the process of learning music, not only to understand the story behind the music, but also know what the background of the creation, through thinking and exploration to understand the culture behind the music, so as to feel the depth of thought, through the music to learn and understand the diversity of cultures of other countries and nationalities, can open up the students' horizons, so as to establish the correct values of students, which reflects the meaning of cultural understanding of aesthetic perception. The significance of cultural understanding aesthetic perception means the experience, perception, understanding and grasp of the auditory characteristics, expression forms, elements of expression, means of expression and unique beauty of musical art.

### 3.4 Course Modules

The modular teaching of senior secondary music has been further optimized in the revision of the new curriculum standard, and the selectivity of the curriculum has been increased on the basis of the guaranteed curriculum. The six modules of music appreciation, singing, performance, music composing, music and dance, and music and drama are compulsory, and are the basic courses for all senior secondary school students. The six modules of choral singing, ensemble playing, dance performance, drama performance, basic music theory, and sight-singing and ear-training are optional compulsory courses, adding learning opportunities for students with development potential and willingness to develop; and the courses arranged by the school and chosen by the students independently are optional courses, enriching the content of the teaching practice and meeting the needs of students' personalized development. In a strategic exploration of the use of high school music performance module teaching materials in wind band clubs, talked about the combination of school wind band clubs' rehearsals and the teaching of the performance module in the general high school music curriculum, which solved the problem of the wind band clubs' emphasis on practical operations and the theoretical teaching of the high school performance elective module focusing on instrumental music. According to different classifications, the trivial content can be divided into specific units, and appropriate supplements can be added to fill the deficiencies in the teaching process of the club in the four links of the club's activities of formation, teaching, rehearsal, and evaluation, which provides an authoritative written textbook for reference for the normal operation of the wind ensemble and helps to standardize and systematize the teaching and rehearsal of the club, which provides a model worthy of reference for the cultivation of excellent wind ensembles. This provides a model for the cultivation of excellent wind band.

### 3.5 Classroom teaching reform

"Double reduction" to reduce down, classroom efficiency must be increased up, innovative primary classroom teaching reform, change the traditional teaching methods, in order to achieve the true meaning of the burden of reducing efficiency, classroom reform as a driving force to promote compulsory education in the process of 'double reduction' back to the The curriculum reform as the internal driving force to promote compulsory education in the process of "double reduction" to return to the original intention of establishing moral education. The implementation of the "double-reduced" policy has shown us the new changes in education reform. In fact, this "reduction" is also for the sake of "increase", which reduces the burden of coursework and training, and improves teachers' attentiveness in class. In fact, this "reduction" is also for the sake of "addition", reducing the burden of coursework and training, and improving the careful

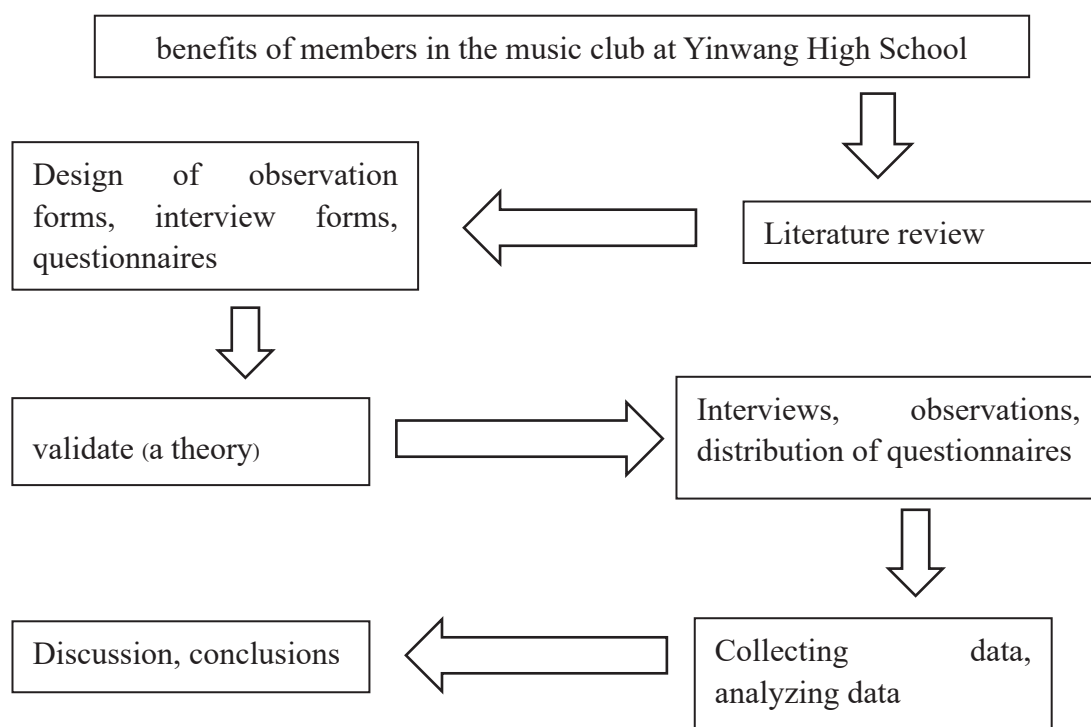
arrangement of teachers in the classroom, so that the classroom can be “more effective” and the burden on students can be “lightened”, so that they can get higher quality teaching. improves the education management system, implements the fundamental goal of establishing moral character, implements classroom teaching reform, and implements after-school services to carry out various kinds of club activities. Changzhi City, primary and secondary schools to moral education, labor education, art education and other practical courses as the content of the school “double reduction”, so that the classroom alive, to provide students with a rich way of learning.

The implementation of the double-reduced policy promotes the overall development of students, but also makes the community raise the importance of aesthetic education, and the weekly rehearsal time of art practice courses has been strongly guaranteed. The cessation of off-campus training activities in academic disciplines has allowed more students to return to the campus to participate in after-school services, which improves the efficiency of learning and promotes the healthy development of the body and mind. The implementation of the “Double Reduction” policy has put forward higher requirements for the school's aesthetic education as well as the music teachers who lead the aesthetic education, and teachers need to make full use of the resources and optimize the campus art clubs to meet the learning needs of students.

#### 4. CONCEPTUAL FRAMEWORK

Figure 1

*Conceptual Framework*



## 5. METHODOLOGY

### 1. Population and Sample

Population: The population consisted of 180 music club members from three grade levels (Grade 10, Grade 11, and Grade 12) at Yinwang High School, Huize County.

sample: The informants consisted of 9 music club members selected through purposive sampling. 3 members were selected from each of the 3 music clubs to provide information regarding their experiences and the benefits gained from participating in music club activities.

Key Informants: The key informants were the instructors of the 3 music clubs who had been teaching at Yinwang High School for more than five years.

### 2. Research Scope

1. Scope of Time: June2024-January2025
2. Scope of Place: Music club at Yinwang High School in Huize County
3. Scope of the content: Study of the benefits of music club members.
4. Experts: Three music club instructors from Yinwan High School in Huize County.

### 3. Research Tools

1. Huize County Yinwang High School Music Club Instructor Interview Form
2. Classroom Observation Form for Yinwang High School Music Club in Huize County
3. Questionnaire for members of Huize County Yinwang High School Music Club

### 4. Data Collection

Design interview questions to interview the instructors of the three music clubs in Yinwang High School and organize and analyze the interview records; design the classroom observation form to observe the classrooms of the three music clubs to fill out the observation form and analyze the classroom observation; design the questionnaire for the members of the music clubs in Yinwang High School in Huize County and analyze the data in the questionnaire form.

## 6. RESULTS

The opening of the music club at Yinwang High School in Huize County provides students with an opportunity to study and practice music in depth, helping members to improve their musical literacy, come into contact with a wealth of musical works, acquire knowledge of music theory, and enhance their musical perception and aesthetic ability. Through participation in club activities, students are able to vent their emotions, reduce academic pressure, and find an outlet for

emotional expression. At the same time, club activities also promote the inheritance of national culture, especially the learning of traditional musical instruments such as Hulusi, which allows students to understand and experience the charm of national music.

## 7. DISCUSSION

Research Question 1: How to conduct music club activities

Through classroom observation of the music clubs in Yinwang High School in Huize County, the instructors of all three music clubs, from their own professional perspectives, present the lessons they teach in the best possible way to each participating club member in each class. The preparation of the lessons before the course was done by making a teaching plan and choosing the appropriate content according to the actual situation of the students, like the Hulusi club teaching according to the chosen textbook. The chorus and Hulusi clubs also add the study of basic music theory to their teaching, thus increasing their basic theoretical knowledge. As well as teaching and practicing in a timely manner to the members of the problem feedback, key issues for centralized explanation and personal demonstration, individual problems using self-assessment and mutual assessment. Throughout the activities, we flexibly use self-assessment and mutual assessment among members, formative assessment by the instructor during the activities, and finally summative assessment to identify and give feedback on the learning outcomes of all members throughout the semester.

Research Question 2: How do club members deal with the relationship between music club activities and learning?

The daily study pressure in Huize County Yinwang High School is very high, and the daily schedule of classes is especially tight, so participating in club activities can be separated from daily study. The researchers set up a questionnaire for club members about their level of interest in participating in club activities and the factors that motivate them to continue to participate in the activities of the music club. Only 8% of the members showed an average level of interest, while the rest of the members were interested in the activities of the music club and were willing to participate. Among the factors that motivate members to continue to participate in club activities, “Relieving study pressure” ranked first with 82.78%, followed by “Hobby” with 80.56%, which indicates that the participants generally hope that club activities can relieve study pressure during the busy study period. This shows that the participants generally hope that the club activities can reduce the pressure brought by their studies in the midst of their busy studies, and it also shows that the participants are enthusiastic about the club activities and the importance of their personal interests.

Research Question 3: How do music club activities help and improve members?

The ability-enhancing effect of club activities on members is mainly reflected in three aspects: music literacy, self-confidence and teamwork ability, which emphasizes teamwork and requires members to cooperate with each other in activities to complete tasks together. This kind of cooperation is not only reflected in the music performance, but also throughout the daily management and activities of the club. Through participation in club activities, members learn how to communicate effectively with others. In terms of musical skills sense of rhythm and coordination had the highest percentage, followed by music/dance expression, again indicating the effectiveness of club activities in enhancing artistic expression, with creativity and imagination and stress resilience having the next highest percentage of support.

## 8. Originality and body of knowledge

The establishment of the Music Club provides its members with a unique and enriching platform to integrate learning, personal growth and cultural appreciation through music. The originality of this initiative lies in the fact that it integrates multiple aspects of education, focusing not only on the mastery of musical skills, but also promoting the overall development of students. Music clubs are an important channel for emotional expression. Music serves as a powerful medium of communication that allows students to express their emotions through instrumentation and performance. This emotional release is vital to alleviating the academic stress that many students face, providing them with a balanced approach to stress and personal challenges. By participating in music club activities, students not only improve their musical skills, but also gain a healthier perspective on managing stress and emotions.

The establishment and growth of the Independence High School Music Club provides students with an enriching experience that goes beyond music theory and performance. It promotes emotional well-being, cultural appreciation, personal growth and interpersonal development, ensuring that students are better equipped to face the challenges of the future. The Music Club is an integral part of a student's comprehensive education, enriching their lives and equipping them with skills that will benefit them in their future academic and personal lives. As the club continues to grow, it is expected that its impact on students will deepen, providing future generations with more opportunities to grow and thrive.

## 9. Research Recommendations

### 1. Implication of the Study

1. This study provides a case study of music clubs in Yinnwang High School in Huize



County, which contributes to the improvement and optimization of teaching practices in music clubs.

2. The results of the study provide valuable references for other schools to carry out music clubs and promote the diversified development of music education.

## 2. Recommendations for Future Research

1. The music club is not only a stage for individual performance, but also emphasizes teamwork, and it is possible to explore how, in team performances and collective activities, students can improve their social skills, communication skills and teamwork in cooperation, and how to translate these skills into other aspects of academics and life.

2. The music club of Huize County Yinwang High School can further strengthen the opening and management of the club in the future, and carry out richer and more meaningful club activities according to the actual needs of students.

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