

จัดแบ่งตัวแปรตามเป็นสองระดับ คือ การศึกษาในระดับต้นและการศึกษาในระดับสูง มีการเก็บรวบรวมข้อมูลจากงานวิจัย 211 งานระหว่างปี 2014-2020 ครอบคลุม 25 ประเทศ มีงานวิจัยที่ผ่านการคัดเลือก จำนวน 70 เรื่อง และมีข้อมูลนำไปประมวลผลทั้งหมด 81 รายการด้วยโปรแกรม RevMan 5.4.1 นำมาใช้วิเคราะห์แบบ Random-effects model settings (การถกเถียงแบบกำหนดให้งานทุกชิ้นเท่าเทียมกันหมด) กำหนดให้ค่าแห่งความเชื่อมั่น 95% ($p < 0.05$) ผลการวิเคราะห์พบว่าการสอนแบบดั้งเดิมมีประสิทธิภาพมากกว่าการจัดการเรียนการสอนแบบห้องเรียนกลับทางในทุกทักษะ แต่พบว่าไม่มีนัยสำคัญกับทักษะการฟังในทุกระดับของการศึกษาระดับต้น ไวยากรณ์ในการศึกษาระดับสูงและทักษะด้านคำศัพท์ในการเรียนรู้ระดับสูง งานวิจัยชิ้นนี้เป็นประโยชน์กับครูผู้สอนในการเลือกวิธีการจัดการเรียนการสอนให้เหมาะสมกับบริบทของตน ข้อเสนอแนะสำหรับงานวิจัยการวิเคราะห์เชิงปริมาณครั้งต่อไปคือการวิจัยกลุ่มข้อมูลที่ใหญ่ขึ้นในระดับประถมศึกษาและการเรียนรู้ภาษาในด้านอื่นๆ

คำสำคัญ : การเรียนแบบกลับทาง, การวิเคราะห์เชิงปริมาณ, คะแนนสัมฤทธิ์ผล, วิธีการสอนแบบดั้งเดิม, การวิเคราะห์เนื้อหา

Abstract

This meta-analysis study aims at finding whether Flipped Learning was more effective than traditional teaching method in English language teaching in seven skill areas of reading, writing, listening, speaking, grammar, vocabulary, and general English comprehension in achievement test scores, which were categorized into two variables: lower education and higher education. The study collected 211 academic studies on Flipped Learning published from 2014 to 2020 from 25 countries. Eighty-one data entries from 70 studies were obtained for the meta-analysis. RevMan 5.4.1 software was used to analyze the data under random-effects model settings with $p < 0.05$ and at 95% CI. In the comparison, the traditional teaching method was found more significantly effective than the Flipped Learning approach in all skill areas, but it was not significant in listening at lower education, grammar at higher

education, and vocabulary learning at higher education. The findings might help the teachers and educators to be able to choose the right teaching approaches for their contexts, and students would be aware that the traditional method was more effective for achievement test scores. Further, meta-analysis studies were suggested with larger data collection at the primary level, and other aspects of language learning.

Keywords : Flipped Learning, Meta-analysis, Achievement scores, Traditional teaching method, Content analysis

1. Introduction

Flipped Learning has become popular in English language teaching (Kostka & Lockwood, 2015: 2-4; Suranakkarin, 2017:1; Wang, An & Wright, 2018: 19-22; Hava, 2021: 389-390). Many educators believed that it was an effective teaching method for achievement test scores in English language teaching (Yildirim, 2017: 38 & Alnuhayt, 2018: 241). However, other research findings also showed the ineffectiveness of this teaching method (Ramirez, Hinojosa & Rodriquez, 2014: 121-127; Egbert, Herman & Lee, 2015: 13-14; Yang, 2017: 12-13). English is an important language for international business, jobs, education, entertainment, traveling, and the Internet (Zazulak, 2017; Clement, 2019) in schools and universities (Sundari, 2017: 147). Despite such importance, Thai students suffered from low scores in English (Sriporn, 2018). Educators have been trying to improve students' English scores by considering the Flipped Learning teaching approach (Yoon, 2013). However, Flipped Learning has negative feedbacks from scholars (Moran & Young, 2014: 177-180). Therefore, the present study analyzed achievement test scores from 70 previous studies in English teaching using the meta-analysis method to examine if Flipped Learning was more effective than the traditional teaching method. The findings of this study would benefit educators who are seeking

an effective teaching method in comparison to the traditional method, especially in English language teaching.

1.1 Objectives

There were seven main objectives and each objective was further divided into two categories as (a) for lower education and (b) for higher education, thus totaling 14 objectives. They are as follows:

Objective 1

- a. To generalize the effects of the Flipped Learning Approach on students' reading comprehension at lower education.
- b. To generalize the effects of the Flipped Learning Approach on students' reading comprehension at higher education.

Objective 2

- a. To generalize the effects of the Flipped Learning Approach on students' writing skills at lower education.
- b. To generalize the effects of the Flipped Learning Approach on students' writing skills at higher education.

Objective 3

- a. To generalize the effects of the Flipped Learning Approach on students' listening comprehension at lower education.
- b. To generalize the effects of the Flipped Learning Approach on students' listening comprehension at higher education.

Objective 4

- a. To generalize the effects of the Flipped Learning Approach on students' speaking skills at lower education.
- b. To generalize the effects of the Flipped Learning Approach on students' speaking skills at higher education.

Objective 5

a. To generalize the effects of the Flipped Learning Approach on students' grammar comprehension at lower education.

b. To generalize the effects of the Flipped Learning Approach on students' grammar comprehension at higher education.

Objective 6

a. To generalize the effects of the Flipped Learning Approach on students' vocabulary at lower education.

b. To generalize the effects of the Flipped Learning Approach on students' vocabulary at higher education.

Objective 7

a. To generalize the effects of the Flipped Learning Approach on students' general English comprehension at lower education.

b. To generalize the effects of the Flipped Learning Approach on students' general English comprehension at higher education.

2. Literature Review

2.1 Flipped Learning

Flipped Learning is a learner-centered pedagogy using direct instruction that moves from the group learning space to the individual learning space, and the resulting group space is transformed into a dynamic, interactive learning environment where the educator guides students as they apply concepts and engage creatively in the subject matter (Hamdan, McKnight, McKnight & Arfstom, 2014: 8). It is a modernized teaching method that learning starts from home, basically before coming to the classroom (Abdelshaheed, 2017: 9). Such learning is more flexible (Yildirim, 2017: 41), practical and

hands-on learning (Clark, Kaw, Lou, Scott & Besterfield-Sacre, M., 2018). The teaching method was considered more suitable in modern times (Hava, 2021: 389-390) and became popular in ESL teaching (Kostka & Brinks, 2015: 2-4).

2.2 Traditional Teaching Method

Traditional teaching is a face-to-face lecture by the teacher in the classroom, and students listen, take notes and the teacher assigns homework. This is a teacher-centered, and teacher-control method (Larsen Freeman & Anderson, 2011: 32-45). This method is considered as grammar-translation and reading literary texts (Hinkel, 2011: 558). This is considered an outdated teaching method (Vuong, Tan & Lee, 2018: 1504); however, it was regarded as a significantly effective method for achievement test scores (Dixon, 2017: 121-132).

2.3 Meta-analysis

Meta-analysis is a synthesis model of quantitative researches on the same problem that the research studies by using statistics to derive a more in-depth conclusion than an individual study can provide. Data for meta-analysis include standard indexes such as effect size index, co-efficient index, and characteristics of research. 'Unit of Analysis' refers to a study of hypothesis testing. Objectives consist of two aspects. First, the synthesis gives a conclusion about standard indexes. Secondly, the synthesis is aimed at examining the causal relationship between dependent variables and standard indexes (Wiratchai, 1999: 56).

2.4 Related Studies

Eighty-five related studies on Flipped Learning in English Language studies were reviewed. The findings showed a mixture of positive and negative results. It was considered effective for teaching- speaking, listening, reading, and writing skills (Leis & Brown, 2018: 64-66 and Zainuddin & Attaran; 2015: 668-669). Studies also reported its effectiveness in reading (Huang & Wang, 2016: 185-196 and Leis & Brown, 2016: 64-66), writing (Umutlu & Akpinar, 2017: 64-65 and Arifani, 2019: 10-12), speaking (Zhang, Du, Yuan & Zhang, 2016: 1344-1345; Wang & Wright, 2018: 23-28 and Abdullah, Hussin & Ismail, 2019:140-145), listening (Roth and Supasetsee, 2016), grammar (Pudin, 2017: 57 and Li, Wang, Wang & Jia, 2017), vocabulary skill (Kim, Kim, Khera & Getman, 2014: 37-39), and in general English comprehension (Mehring, 2015: 9 and Correa, 2015: 123-124). Meta-analysis studies (Aydin, Okmen & Sahin, 2021: 44-46; Birgili, Seggie & Oguz, 2021: 22-23, and Kozikoğlu, 2019: 859-864) found that this method was more effective in teaching English. However, other researches also found ineffectiveness of the method in teaching English grammar (Anwar, 2017:104-102) and speaking (Anwar & Pratama, 2016: 112-114) and even not suitable for ESL teaching (Egbert, Herman & Lee, 2015: 13-14) and no significant learning outcomes was seen over traditional method in teaching English (Suranakkarin, 2017:10-16 and Alhamami & Khan, 2019: 79-81). A meta-analysis of Dixon (2017:121-132) found the traditional method was more effective than Flipped Learning. Thus, there were conflicting mixed results. Therefore, meta-analysis method was used to ascertain the effectiveness of Flipped Learning,

3. Research Methodology

3.1 Research Design

This research was a meta-analysis in which the achievement test scores of English under Flipped Learning and traditional teaching methods were analyzed. In a meta-analysis, data were extracted from previous primary studies (Cohen, Manion & Morrison, 2007: 291-296). Literature review, selection of primary studies, data collection, data analysis steps were involved. Revman 5.4.1 software was used for data analysis.

3.2 Research Population and Samples

The population of this study was 70 previous primary studies sorted out of 211 total studies in language teaching. Eighty-one data were derived for data encoding. A total of N=3158 learners in Flipped Learning and a total of N=3092 learners in the traditional method took part in all the primary studies. As the study was conducted, the researcher did not teach a classroom lesson, so bias in opinion and attitude could be avoided. Studies included in the study are shown in Appendix A.

3.3 Data Collection

The primary studies were collected from online database sources such as Google Scholar, Semantic Scholar, Education Resource Information Center (ERIC), ProQuest, EBSCO, ResearchGate, and Wiley Online library, websites of journals and institutions, and online publishers. Primary studies were research articles, theses, and dissertations from Master and Ph.D. degree, conference papers including published and unpublished documents. Flipped Learning and traditional studies in teaching English having mean achievement test scores, standard deviations of the scores, participant numbers were collected. Only qualified studies were sorted out during data processing. Primary studies were conducted during (year) 2014 to 2020 in 25 countries.

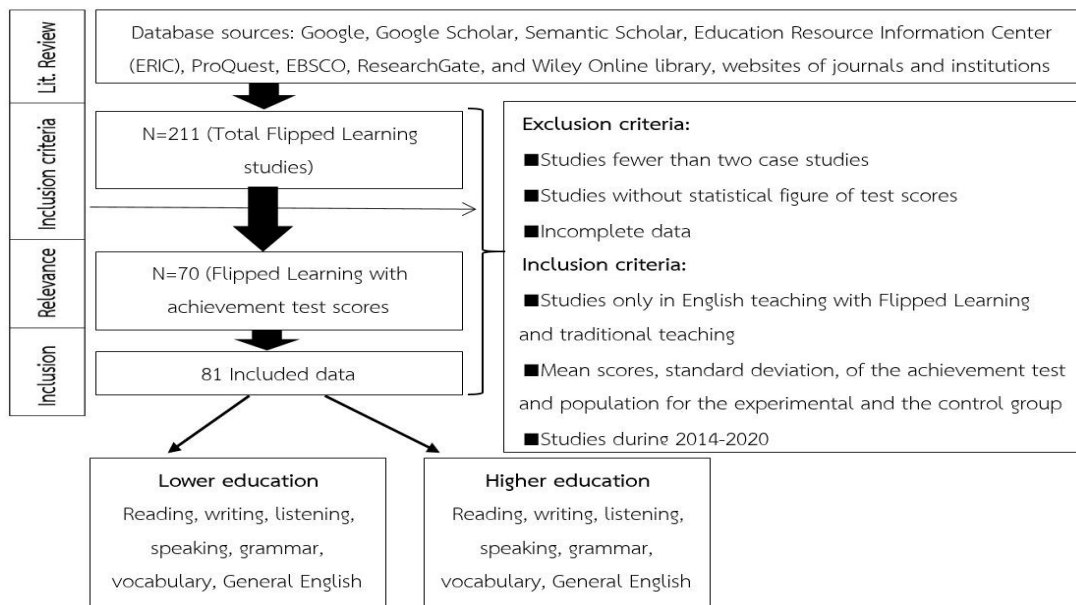


Figure 1 : Data collection and sample processing (source model: (Karagöl & Esen, 2019))

Data Inclusion Criteria

Primary studies in English teaching with Flipped Learning and traditional teaching having mean scores, the standard deviation of the achievement test, and population for the experimental and the control group were included. The primary studies were conducted during 2014-2020.

3.4 Data Analysis

Data were grouped into seven skills such as reading comprehension, writing skills, listening comprehension, speaking skills, grammar comprehension, vocabulary, and general English comprehension. Each skill was divided into two variables as lower education and higher education. Data were analyzed by using Revman 5.4.1 software. The random-effects model setting was used for data analysis with $p < 0.05$ and at 95% CI. The Flipped Learning was assigned as the experimental group and the traditional method was assigned as the control group in the data entry.

3.5 Research Findings

The traditional method was more effective than the Flipped Learning approach in all skills such as reading, writing, listening, speaking, grammar, vocabulary, and general English comprehension.

Finding for objective 1a & 1b -Reading Comprehension

Objective 1a & 1b, in reading comprehension (Figure 2), the traditional method was significantly more effective for lower education ($Z = 3.39$, $p < 0.0007$) and higher education ($Z = 3.44$, $p < 0.0006$) at 95% CI. The black diamond boxes did not touch the no-effect line in the forest plot. Three studies for lower and five studies for higher education were analyzed.

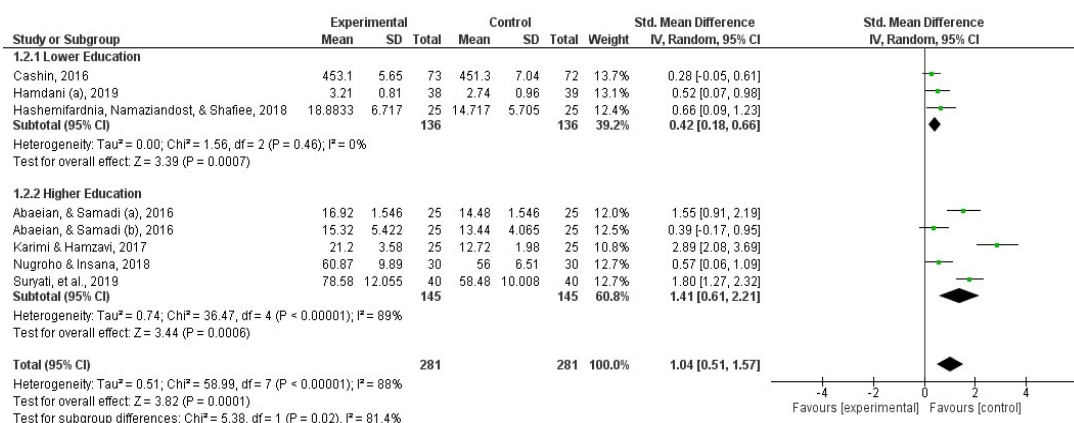


Figure 2 : The total effect of the Flipped Learning Approach on students' reading comprehension achievement for lower and higher education (Forest plot)

Finding for objective 2a & 2b -Writing Skills

Objective 2a & 2b, in writing skills (Figure 3), the traditional method was significantly more effective for lower education ($Z = 2.64$, $p < 0.008$) and higher education ($Z = 3.96$, $p < 0.0001$) at 95% CI than Flipped Learning at 95% CI. Four studies for lower and nine studies for higher education were analyzed. Both diamond boxes did not touch the no-effect line in the forest plot.

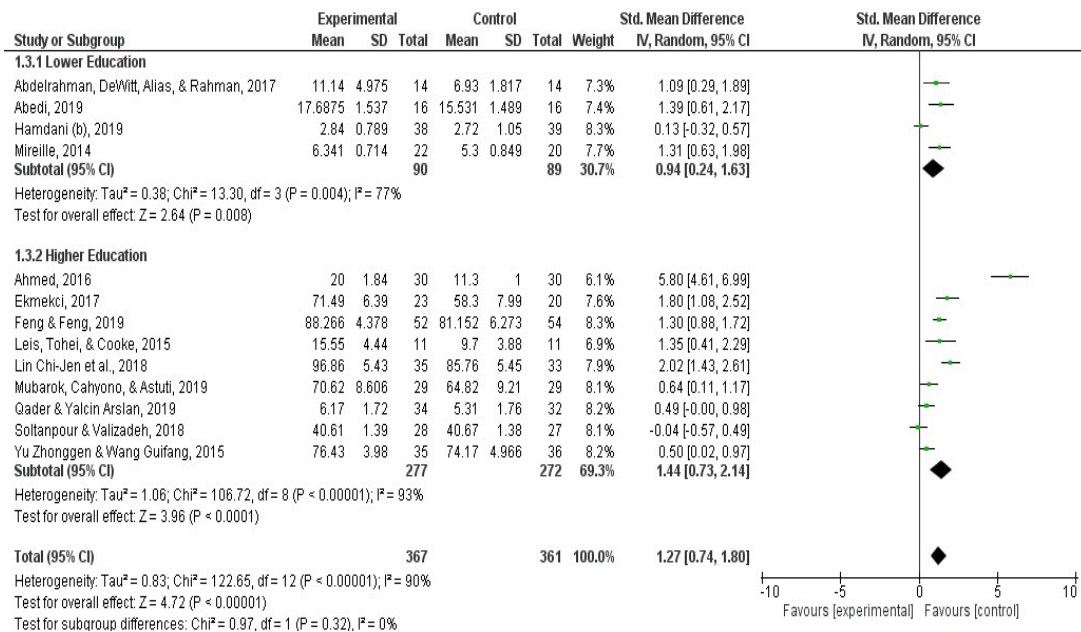


Figure 3 : The total effect of Flipped Learning Approach on students' writing comprehension achievement learning at the lower and higher education (Forest plot)

Finding for objective 3a -Listening Comprehension

Objective 3a, in listening comprehension (Figure 4) at lower education,

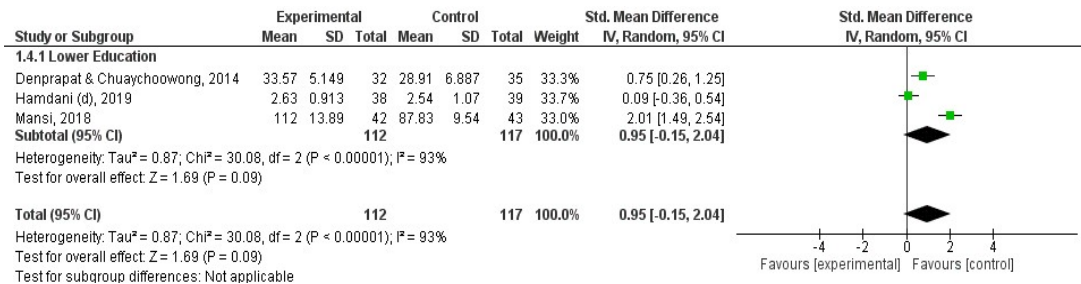


Figure 4: The total effect of Flipped Learning Approach on students' listening comprehension achievement at lower and higher education level (Forest plot)

the traditional method was slightly more effective but not significant at 95% CI, ($Z = 1.69$, $p > 0.09$) as the diamond box touched the no-effect line in the forest plot. Listening comprehension in higher education could not analyze due to a lack of data available.

Finding for Objective 4a &4b -Speaking Skills

Objective 4a & 4b for speaking skills (Figure 5), the traditional method was significantly more effective than Flipped Learning for both levels.

For lower education, traditional method was more significant ($Z = 2.31$, $p < 0.02$) and higher education as well ($Z = 3.83$, $p < 0.0001$) at 95% CI. Both diamond boxes did not touch the no-effect line in the forest plot.

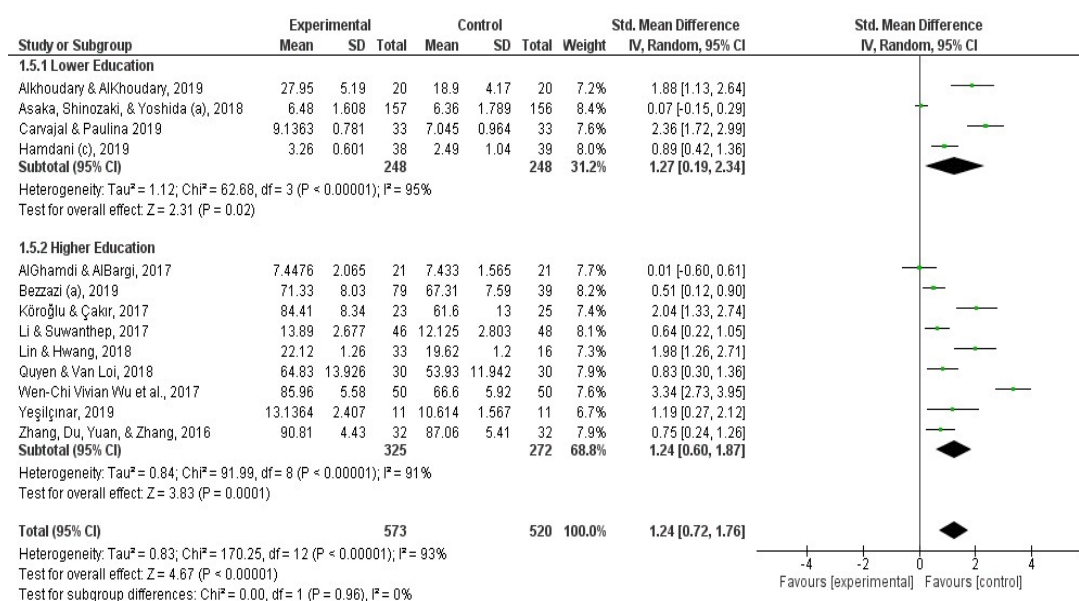


Figure 5 : The total effect of Flipped Learning Approach on students' speaking skills at the lower and higher education level (Forest plot)

Four studies for lower education and nine studies for higher education were analyzed.

Finding for objective 5a & 5b -Grammar Comprehension

Objective 5a and 5b in grammar comprehension (Figure 6), the traditional method was significantly more effective ($Z = 2.23$, $p < 0.03$) for lower education that analyzed four studies at 95% CI. For higher education, the traditional method was slightly more effective but the result was not significant as the diamond box touched the no-effect line at 95% CL ($Z = 0.83$, $p < 0.40$).

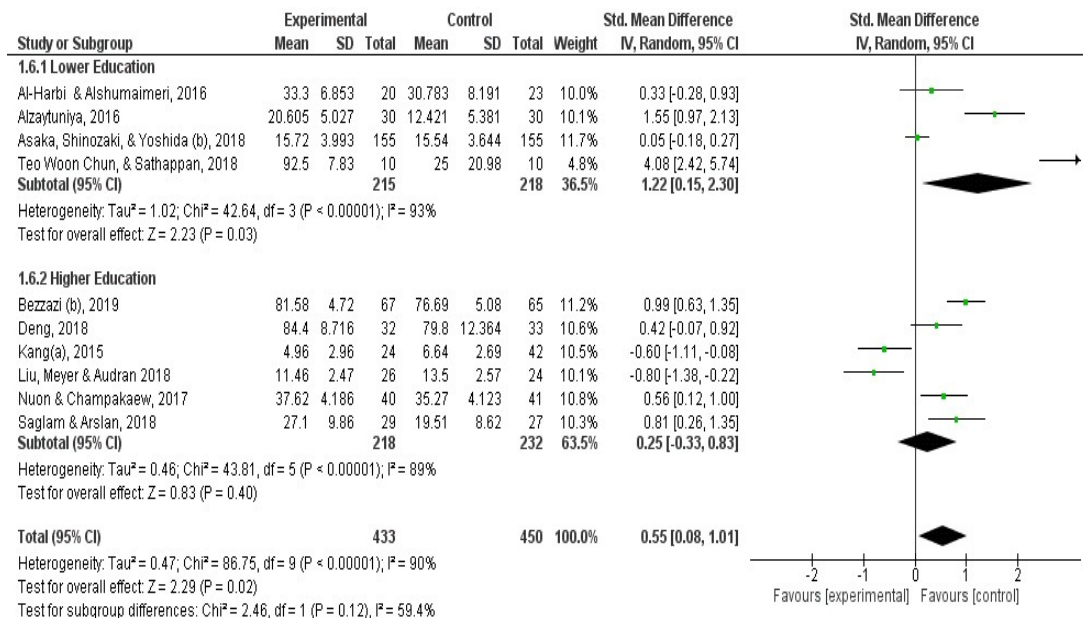


Figure 6 : The total effect of Flipped Learning Approach on students' grammar comprehension achievement at the lower and higher education (Forest plot)

Finding for objective 6a & 6b -Vocabulary

Objective 6a and 6b in vocabulary (Figure 7), the traditional method was significantly more effective for lower education at 95% CI, ($Z = 2.10$, $p < 0.04$). At higher education, the traditional method was slightly effective without any significance at 95% CI, ($Z = 0.83$, $p < 0.40$) because the diamond box touches the no-effect line.

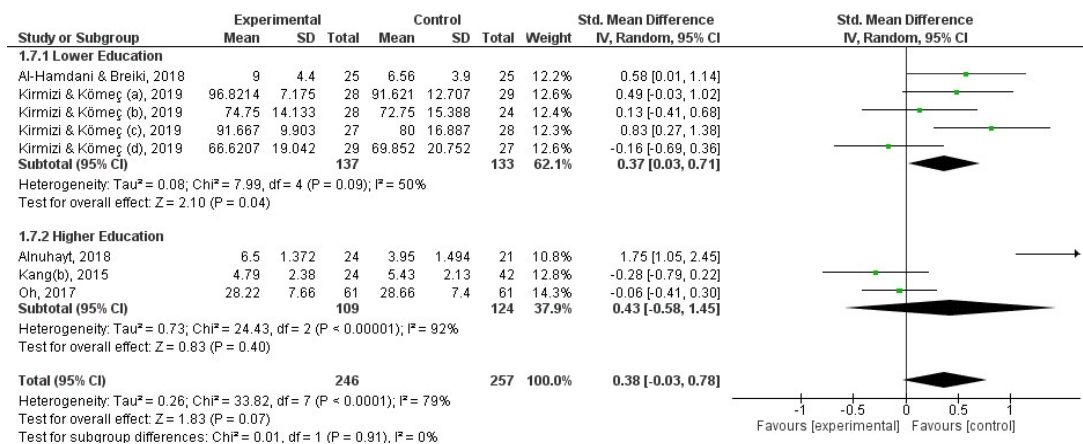


Figure 7 : The total effect of Flipped Learning Approach on students' vocabulary at lower and higher education (Forest plot)

Finding for Objective 7a & 7b -General English Comprehension at Lower Education

Objective 7a and 7b in general English comprehension (Figure 8), the traditional method was significantly more effective at lower with effect at 95% CI ($Z = 2.98$, $p < 0.003$) and higher education.

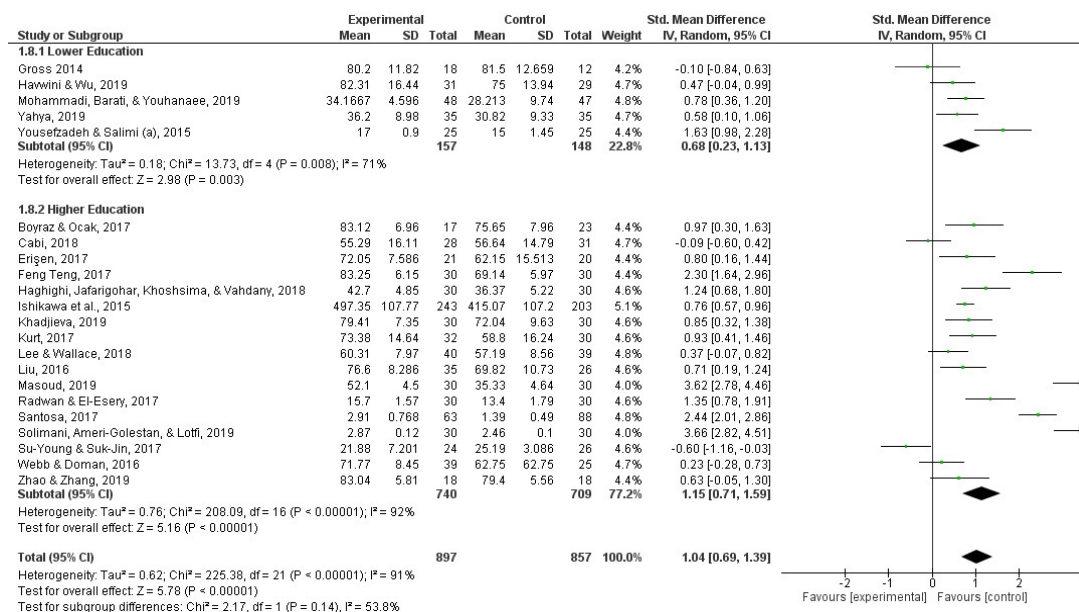


Figure 8: The total effect of Flipped Learning Approach on students' General English comprehension achievement at the lower and higher education level (Forest plot)

For lower education, five studies were analyzed and the traditional method was significantly more effective at 95% CI ($Z = 2.98$, $p < 0.003$) than the Flipped Learning. Similarly, for higher education too, the traditional method was more significantly effective at 95% CI, ($Z = 5.16$, $p < 0.00001$). approach as the diamond box did not touch the no-effect line.

4. Conclusion, Discussion, and Implication

4.1 Conclusion

The traditional teaching method was overall more effective than Flipped Learning in achievement test scores in all language skills areas -reading, writing, listening, speaking, grammar, vocabulary, and general English comprehension skills. However, listening at lower education, grammar at higher education, and vocabulary at higher education tend to be as effective as the traditional method. Supported by these findings, teachers, and learners could use the Flipped Learning method for Listening as it allows the repeated practice; for vocabulary, as it enhances visual with multimedia, and grammar with a more elaborate example from online learning materials.

4.2 Discussion

First, in reading comprehension, the traditional method was more significantly effective for both lower and higher education than the Flipped Learning. These findings were in contrast to the findings of Huang & Wang (2016: 185-196); Zainuddin & Attaran (2015; 668-669) and Kaydet & Ozkan (2019: 60-61). However, the present findings were similar to the findings of Egbert, Herman & Lee (2015:13-14) and Alhamami and Khan, (2019: 79-81). Secondly, in writing skills, the traditional method was significantly more effective than the Flipped Learning for both lower and higher education. This finding was contrary to the findings of Umutlu & Akpinar (2017: 64-65) and Arifani (2019: 10-12). Thirdly, in listening comprehension at lower education, the traditional method was slightly more effective than the Flipped Learning approach but it was not significant. This finding was in contrast to the findings of Roth and Suppasetsee (2016), Zainuddin & Attaran (2015; 668-669) and Kaydet & Ozkan (2019: 60-61). Fourthly, in speaking skills, the traditional method was significantly more effective at both levels of education which were in contrast

to the findings of Wang & Wright (2018: 23-28) and Abdullah, Hussin & Ismail (2019:140-145) However, these findings were in alignment with the findings of Anwar and Pratama (2016). Fifthly, in grammar comprehension at lower education, the traditional method was significantly more effective than the Flipped Learning but at higher education, it was not significant even though the traditional method was slightly more effective. The finding again was contrary to the findings of Pudín (2017: 57) and Li, Wang, Wang & Jia (2017: 258-259). But the present finding was again similar to the findings of Anwar (2017:112-114). Sixthly, in vocabulary skills, the traditional method was significantly more effective than the Flipped Learning at lower education, but at higher education, the traditional method was slightly more effective than the Flipped Learning approach without any significance. This was also in contrast to the findings of Zhang, Du, Yuan & Zhang (2016:1344-1345). Seventhly, in general English, the traditional method was significantly more effective at lower as well as at higher education, that the findings were again, in contrast to the findings of Mehring (2015: 9) and Correa (2015: 123-124).

In previous studies, achievement test scores were better in the traditional method (Dixon, 2017:121-132; Song,2019:1398-1405).The reasons for lower achievement test scores with Flipped Learning were indicated from the literature review that this method was still new and not adapted well as a teaching method (Xinying, 2017: ;Suranakkharin, 2017:13-16 ; Li, Wang, Wang & Jia, 2017 : 254, 259).

Despite the lower score, Flipped Learning was good in the affective domain area of language learning (Alnuhayt, 2018: 238-240). It reduces learners' anxiety (Tiaht & Porter, 2016: 88-89; Shi, 2017: 3-5).

4.3 Implications

- Teachers and learners could focus on traditional teaching methods if the learning goal is achievement test scores.
- The Flipped Learning approach could be useful as a complementary teaching strategy and could be more useful for listening and speaking as the method is a more practical, hands-on learning approach.

4.4 Suggestions

1. Further meta-analysis studies are suggested on similar research with larger data collection for more accurate and stronger generalization.
2. Meta-analysis for listening at higher education is suggested as the present study could not find enough data.

References

- Abdelshaheed, B. S. M. (2017). Using flipped learning model in teaching English language among female English majors in Majmaah University, English Language Teaching. 10(11), 96–110. Retrieved June 21, 2019 from <http://www.doi.org/elt.v10n11p96>.
- Abdullah, M.Y., Hussin, S. and Ismail, K. (2019). Implementation of flipped classroom model and its effectiveness on English speaking performance, International Journal of Emerging Technologies in Learning. 14(9), 130–147. Retrieved August 15, 2020 from <https://www.doi.org/10.3991/ijet.v14i09.10348>.
- Alhamami, M. and Khan, M. (2019). Effectiveness of flipped language learning classrooms and students' perspectives, Journal on English as a Foreign Language. 9, 71–86. Retrieved July 31, 2020 from <https://www.doi.org/10.23971/jefl.v9i1.1046>.

- Alnuhayt, S. S. (2018). Investigating the use of the flipped classroom method in an EFL vocabulary course, *Journal of Language Teaching & Research*. 9(2), 236-242. Retrieved July 31,2020 from <http://www.dx.doi.org/10.17507/jltr.0902.03>.
- Anwar, C. (2017). Flipped classroom in teaching vocabulary to EFL young learners. indigenous norms to the coming age of one Asia, 109–115. *Proceedings of the 2nd TEYLIN International Conference* Retrieved August 5, 2019 from <https://www.doi.org/10.24176/03.3201.13>.
- Anwar, C. and Pratama, A. (2016). Flipped classroom in speaking learning for young learners, *Proceedings of the 1st 2016 TEYLIN International Conference*, Retrieved July 21,2019 from <https://www.researchgate.net/publication/313632359>.
- Arifani, Y. (2019). The application of small group and individual flipped model with whatsApp to foster EFL learners' cohesive writing skill, *Library Hi Tech News*. 36(4), 10-12. Retrieved March 22, 2019 from <https://www.doi.org/10.1108/LHTN-12-2018-0075>.
- Aydin,M., Okmen, B. Sahin, S. and Kilic, A. (2021). The meta-analysis of the studies about the effects of flipped learning and students' achievement. *Turkish Online—Journal of Distance Education, TOJDE*, 22 (1), 33-51.
- Birgili,B., Seggie, F.N. & Oguz, E. (2021). The trends and outcomes of flipped learning research between 2012-2018: a descriptive content analysis, *Journal of Computers in Education*, 1-30.
- Clark, R., Kaw, A., Lou, Y., Scott, A. and Besterfield-Sacre, M. (2018). Evaluating blended and flipped Instruction in numerical methods at multiple engineering schools, *International Journal for the Scholarship of Teaching and Learning*. 12(1). Art 11, 1-18. Retrieved June 30, 2019 from <https://www.doi.org/10.20429/ijstol.2018.120111>.

- Clement, J. (2019). Internet: most common languages online 2019. Retrieved September 13, 2019, from <https://www.statista.com/statistics/262946>.
- Cohen, L., Manion, L. and Morrison, K. (2007). Research methods in education. London : Routledge.
- Correa, M. (2015). Flipping the foreign language classroom and critical pedagogies: A (new) old trend, Higher Education for the Future. 2(2), 114-125. doi:10.1177/2347631115584122. Retrieved September 12, 2019, from <https://www.researchgate.net/publication/281234169>.
- Dixon, K.L. (2017). The effect of the flipped classroom and urban high school students' motivation and academic achievement in a high school science course. A dissertation presented in partial fulfillment of the requirement for the degree of Doctor of Education of Liberty University, Lynchburg, VA.
- Egbert, J., Herman, D. and Lee, H. (2015). Flipped instruction in English language teacher education: a design-based study in a complex, open-ended learning environment, TESL-EJ. 19(2), 1–23. Retrieved August 5, 2019 from <http://www.tesl-ej.org/wordpress/issues/volume19/ej74/ej74a5/>.
- Engin, M. (2014). Extending the flipped classroom model: developing second language writing skills through student-created digital videos, Journal of the Scholarship of Teaching & Learning. 14(5), 12–26. Retrieved June 4, 2020 from <https://www.doi.org/10.14434/josotlv14i5.12829>.
- Hamdan, N., McKnight, P, McKnight, K. & Arfstrom, K.M. (2013). A review of flipped learning, Flipped learning Network, Pearson, 1-21, Retrieved May 1, 2020 from flippedlearning.org.

- Hava, K. (2021). The effects of the flipped classroom on deep learning strategies and engagement at the undergraduate level. *Participatory Education Research*. 8 (1), 379-394, Retrieved January 25, 2021 from <http://www.perjournal.com>.
- Hinkel, E. (2011) (ed). *Handbook of research in second language teaching and learning Volume II*, USA: Routledge Tylor & Francis Group.
- Kaydet, T. B. and Özkan, M. B. (2019). Implementation of flipped classroom in English class of 5th grade in secondary school, *International Journal of Eurasian Education and Culture*. 4(6), 38–50.
- Kim, M.K., Kim,S.M. Khera, O. and Getman, J. (2014). The experience of three flipped classrooms in an urban university: an exploration of design principles doi: 10.1016/s j.ihedhuc.2014.04.003, 1-55.
- Kostka, I. and Brinks, L., R. (2015). What's on the Internet for flipping English language instruction? Retrieved December 1, 2019, from <http://www.tesl-ej.org/wordpress/issues/volume19/ej74/ej74int/>.
- Kozikoğlu, İ. (2019). Analysis of the studies concerning flipped learning model: A comparative meta-synthesis study, *International Journal of Instruction*. 12(1), 851–868. Retrieved June 1,2020 from <https://www.doi.org/10.29333/iji.2019.12155a>.
- Larsen-Freeman, D. & Anderson,M. (2011). *Techniques and principles in language teaching*, 3rd edition, New York: Oxford University Press.
- Leis, A. and Brown, K. (2016). Flipped learning in an EFL environment: does the teacher's experience affect learning outcomes?, *The EUROCALL Review*. 26(1), 3–13.

- Li, Z., Wang, H.-M., Wang, D.-G. and Jia, X.-J. (2017). application of flipped classroom in grammar teaching. *Proceedings of 3rd Annual International Conference on Social Science and Contemporary Humanity Development (SSCHD 2017)*. 254-260. Retrieved August 15, 2019 from <https://www.researchgate.net/publication/320940167>.
- Lin, C.-J. and Hwang, G.-J. (2018). A learning analytics approach to investigating factors affecting EFL students' oral performance in a flipped classroom, *Educational Technology & Society*. (2), 205.
- Mehring, J. (2015). An exploratory study of the lived experiences of Japan undergraduate EFL students in the flipped classroom. Unpublished Doctoral Dissertation. Pepperdine University : Malibu. 1-10.
- Moran, C. & Young, C. (2014). Chapter 9 active learning in the flipped English language arts classroom. In J. Keengwe, G. Onchwari & J.M. Oigara (eds.). *Remoting active learning through the flipped classroom model*. 163-184.
- Pudin, C. S. J. (2017). Exploring a flipped learning approach in teaching grammar for ESL students, *IJELTAL (Indonesian Journal of English Language Teaching and Applied Linguistics)*. 2(1), 51. Retrieved May 24, 2019 from <https://www.doi.org/10.21093/ijeltal.v2i1.47>.
- Ramirez, D., Hinojosa, C & Rodriguez, F. (2014). Advantages and disadvantages of flipped classroom: STEM students' perceptions. *Proceedings of 7th International Conference of Education "Research and Innovation" ICERI, Seville, Spain*, 121-127.
- Roth, C. and Suppasetseree, S. (2016). Flipped classroom: can it enhance English listening comprehension for pre-university students in Cambodia? Retrieved November 4, 2019, from ResearchGate website: <https://www.researchgate.net/publication/313477225>.

- Shi, J. (2017). Investigation and research on the emotional anxiety current situation of learners in flipped classroom, Proceedings of 7th International Conference on Social Network, Communication and Education (SNCE 2017), Vol. 82, 865-869, Retrieved August 15,2019 from anlantis-press.com.
- Song, S. M. (2019). Can flipped learning be an alternative?: A critical review based on the essence of flipped learning, Journal of Learner-Centered Curriculum and Instruction. 19(6), 1387-1410.
- Sripor, S. (2018). Poor O-Net results nationally – but then there’s Supawadi. The Nation. Retrieved December 18, 2019 from <http://www.nationmultimedia.com/detail/national/30341839>.
- Sundari, H. (2017). Classroom interaction teaching English as foreign language at lower secondary schools in Indonesia. Advances in Language and Literature Studies. Retrieved 23 March 2020 at www.all.s.aiaa.org.au.
- Suranakkharin, T. (2017). Using the flipped model to foster Thai learners’ second language collocation knowledge. 3L, Southeast Asian Journal of English Language Studies. 23(4), 1-20. Retrieved December 21, 2019 from <http://www.doi:10.17576/3L-2017-2303-01>.
- Tiaht, T. and Porter, J. C. (2016). What do I do with this flipping classroom: ideas for effectively using class time in a flipped course, Business Education Innovation Journal. 8(2), 85–91. Retrieved November 2, 2019 from http://www.elmstpress.com/images/811V8N2_final-6.pdf.
- Umutlu, D. & Akpınar, Y. (2017). Effects of different video modalities in flipped English writing classes on students’ writing scores. Contemporary Educational Technology, 12 (2): 1-16 Retrieved August 10,2019 from <https://www.doi.org/10.30935/cedtech7993>.

- Vuong, N. H. A., Tan, C. K. and Lee, K. W. (2018). students' perceived challenges of attending a flipped EFL classroom in Vietnam, *Theory and Practice in Language Studies*. 8 (11), 1504-1510, Retrieved July 29, 2019 ,<https://www.doi.org/10.17507/tpls.0811.16>.
- Wang, J., An, N. and Wright, C. (2018). Enhancing beginner learners' oral proficiency in a flipped Chinese foreign language classroom, *Computer Assisted Language Learning*. 31(5-6),1-29. Retrieved May 23, 2019 from <https://www.doi:10.1080/09588221.2017.1417872>.
- Wang, T. (2007). The comparison of the difficulties between cooperative learning and traditional teaching methods in college English teachers, *The Journal of Human Resource and Adult Learning*. 3(2), 23-30. Retrieved February 2, 2019 from <http://www.hraljournal.com/Page/4%20Tzu-Pu%20Wang.pdf>.
- Wiratchai, N. (1999). A meta-analysis. Bangkok : Chulalongkorn University Press.
- Xinying, Z. (2017). Researching into a MOOC embedded flipped classroom model for college english reading and writing course. *research-publishing.net*. Research-publishing.net. Retrieved January 19, 2019 from <https://www.doi.org/10.14705/rpnet.2017.mooc2016.668>.
- Yang, C. C. R. (2017). An investigation of the use of the "flipped classroom" pedagogy in secondary English language classrooms, *Journal of Information Technology Education: Innovations in Practice*. 16, 1–20. Retrieved January 19, 2019 from <http://www.informingscience.org/Publications/3635>.
- Yildirim, G. (2017). A new learning approach: flipped classroom and its impacts, *Acta Didactica Napocensia*. 10(2), 31-44.

- Yoon, S. (2013). Education reform has to start in the “flipped classroom.” Retrieved March 31, 2019 from <http://www.nationthailand.com/opinion/30222422>.
- Zainuddin, Z. & Attaran, M. (2016). Malaysian students’ perceptions of flipped classrooms: a case study. *Innovations in Education and Teaching International*. 53(6), 660-670.
- Zazulak, S. (2017). The international companies using English as a common business language. Retrieved January 20, 2019 from <https://www.english.com/blog/english-as-a-common-business-language/>.
- Zhang, H., Du, X., Yuan, X. and Zhang, L. (2016). The effectiveness of the flipped classroom mode on the English pronunciation course, *Creative Education*. 7(09), 1340–1346. Retrieved September 15, 2019 from <https://www.doi.org/10.4236/ce.2016.79139>.

Appendix A

Table 1. List of Primary Studies Included in the Meta-analysis

No.	Year	Country	Researcher	Document-Type	Participant	Ed.Level	English Skill	Flipped Learning			Traditional method		
								Mean	Std.dev.	Pop.	Mean	Std.dev.	Pop.
								\bar{X}	SD	n	\bar{X}	SD	n
1	2014	Thailand	Denprapat & Chuaych	Article	Grade 7 (Lower second		Speaking & Listening(EFL)	33.57	5.149	32	28.91	6.887	35
2	2014	Dubai	Mireille	Thesis (M.ed.TESOL)	Grade 12		Writing/ESL	6.341	0.7136	22	5.3	0.8491	20
3	2014	USA	Gross	Thesis (M.Sc)	Grade 12		General (English)	80.2	11.820	18	81.500	12.659	12
4	2015	Japan	Ishikawa et al., 2015	Article/conf	Univ		TOEIC(EFL)	497.35	107.77	243	415.07	107.2	203
5	2015	S.Korea	Kang(a)	Article	univ		Grammar (Eng)	4.96	2.96	24	6.64	2.69	42
6	2015	Japan	Leis, Tohei, & Cooke	Article	univ		Writing (Eng)	15.55	4.44	11	9.7	3.88	11
7	2015	USA	Prefume	Dissertation (Ed.D)	univ		Speaking (Japanese)	39.63	8.92	19	40.15	8.42	20
8	2015	China	Yu Zhonggen, & Wang	Article	univ		Writing (Eng)	76.43	3.98	35	74.17	4.966	36
9	2015	Iran	Yousefzadeh & Salimi (a)	Article	Secondary school		General(Eng)	17	0.9	25	15	1.45	25
10	2016	Iran	Abaeian, & Samadi (a)	Article	Institute/Higher		Reading (EFL)-Intermediate	16.92	0.321	25	14.48	0.321	25
11	2016	S.Arabia	Ahmed	Article	univ		Writing (EFL)	20	1.84	30	11.3	1	30
12	2016	S.Arabia	Al-Harbi, & Alshumaima	Article	Secondary school		Grammar (EFL)	34.2	4.708	20	34.17	4.979	23
13	2016	Gaza	Alzaytuniya	Thesis (M.ed)	Grade 10		Grammar (EFL)	20.605	5.027	30	12.421	5.381	30
14	2016	USA	Cashin	Dissertation (Ed.D)	Grade 4		Reading (ELA)	453.10	5.65	82	451.30	7.04	81
15	2016	China	Liu	Article/Conference	univ		General(Eng)-Eng for esp pur	76.6	8.286	35	69.82	10.73	26
16	2016	China	Zhang, Du, Yuan, & Zh	Article	Univ		Speaking (EFL)	90.81	4.430	32	87.060	5.410	32
17	2016	USA/Maca	Webb, & Doman	Article	univ		General (ESL-EFL)	71.77	8.45	39	62.75	9.74	25
18	2017	Sudan	Abdelrahman, DeWitt, A	Article	Secondary 1		Writing (ESL)	11.14	4.975	14	6.93	1.817	14
19	2017	S.Arabia	AlGhamdi & AlBargi	Article	Institute/Higher		Speaking(EFL)	7.4476	2.06534	21	7.4333	1.56503	21
20	2017	Turkey	Boyras, & Ocak	Article	univ		General (EFL)-retention	83.12	6.96	17	75.65	7.96	23
21	2017	Turkey	Ekmekci	Article	univ		Writing (EFL)	71.49	6.46	23	58.3	7.99	20
22	2017	Egypt	Radwan, & El-Esery	Article	Higher institute		General (EFL)	15.7	1.57	30	13.4	1.79	30
23	2017	Turkey	Erişen	Article	univ		General (EFL)-retention	72.05	7.586	21	62.15	15.513	20
24	2017	Hong Kong	Feng Teng	Article	univ		General (EFL)-academic perfor	83.25	6.15	30	69.14	5.97	30
25	2017	Indonesia	Santosa	Article	Univ		General (EFL)	2.91	0.768	63	1.390	0.490	88
26	2017	Iran	Karimi & Hamzavi	Article	Institute/higher		Reading (EFL)	21.20	3.58	25	12.72	1.98	25
27	2017	Turkey	Kurt	Article	univ		General (Eng)	73.38	14.64	32	58.8	16.24	30
28	2017	Turkey	Köroğlu, & Çakır	Article	univ		Speaking-ELT	84.41	8.34	23	61.6	13	25
29	2017	Thailand	Li & Suwanthep	Article	univ		Speaking (EFL)	11.083	2.667	46	12.125	2.803	48
30	2017	Korea	Oh	Article	College		Vocabulary (EFL)	28.22	7.66	61	28.66	7.4	61
31	2017	Cambodia	Nuon, & Champakaew	Article	univ		Grammar (Eng)	37.62	4.186	40	35.27	4.123	41
32	2017	S.Korea	Su-Young, & Suk-Jin	Article	univ		General (English)	21.88	7.201	24	25.19	3.086	26
33	2017	Taiwan	Wen- Chi Vivian Wu et a	Article	univ		Speaking (EFL)	85.96	5.58	50	66.6	5.92	50
34	2018	Oman	Al-Hamdani & Breiki	Article	Grade 9		Vocabulary(EFL)	9	4.4	25	6.56	3.9	25
35	2018	S.Arabia	Alnuhayt	Article	univ		Vocabulary (EFL)	6.5	1.373	24	3.95	1.493	21
36	2018	Japan	Asaka, Shinozaki, & Yost	Article/conf	Grade 7		Grammar (EFL)	15.72	3.993	155	15.54	3.644	155
37	2018	Japan	Asaka, Shinozaki, & Yost	Article/conf	Grade 7		Grammar (EFL)	6.48	1.608	157	6.36	1.789	156
38	2018	USA	Cabi	Article	univ		General (Eng)	55.29	16.11	28	56.64	14.79	31
39	2018	China	Deng	Article	Univ		EFL translation	84.4	8.716	32	79.8	12.364	33
40	2018	Iran	Haghighi, Jafarigohar, Ki	Article	univ		General (EFL)-compedence	42.7	4.85	30	36.37	5.22	30
41	2018	Iran	Hashemifardnia, Namaz	Article	Junior high school		Reading (EFL)-Intermediate	18.8833	6.71727	25	14.7167	5.70486	25
42	2018	S.Korea	Lee, & Wallace	Article	univ		General (EFL)-communicative	60.31	7.97	40	57.19	8.56	39
43	2018	Taiwan	Lin Chi-Jen, Hwang Gwo	Article	univ		Writing (EFL)	96.86	5.43	35	85.76	5.45	33
44	2018	Taiwan	Lin, & Hwang	Article	univ		Speaking (EFL)	22.12	1.26	33	19.62	1.2	16
45	2018	France	Liu, Meyer, & Audran	Article	Univ (Engineer Inst)		Grammar (EFL)	11.46	2.47	26	13.5	2.57	24
46	2018	S.Arabia	Mansi	Article	Grade 10		Listening (Eng)	112	13.89	42	87.83	9.54	43
47	2018	Vietnam	Quyen, & Van Loi	Article	univ/undergraduate		Speaking (EFL)	64.83	13.926	30	53.93	11.942	30
48	2018	Turkey	Saglam, & Arslan	Article (M.A Thesis)	univ		Grammar (Eng)	27.1	9.86	29	19.51	8.62	27
49	2018	Indonesia	Nugroho, & Insana	Article	univ		Reading (EFL)-Intermediate	60.87	9.89	30	56	6.51	30
50	2018	Malaysia	Teo Woon Chun, & Sath	Article	Primary (Grade 4)		Grammar (ESL)-adj	92.5	7.83	10	25	20.98	10
51	2018	S.Korea	Song, & Baldwin	Article(conf)	univ		Listening (EFL)-p.211	19.7667	2.42525	45	20.5761	2.64148	46
52	2018	Iran	Soltanpour, & Valizadeh	Article	univ/higher edu		Writing (EFL)	40.61	1.39	28	40.67	1.38	27
53	2019	China	Zhao & Zhang	Article	Univ		General (Eng)	83.04	5.81	18	79.4	5.56	18
54	2019	Iran	Abedi	Article	Intermediate		Writing (EFL)	17.6875	1.53704	16	15.5313	1.4885	16
55	2019	Oman	Alkhoudary & Alkhouda	Article	Secondary school		Speaking (EFL)	27.96	6.19	20	18.9	4.17	20
56	2019	Taiwan	Bezzazi	Article	univ		Public Speaking (EFL)	71.33	8.03	79	67.31	7.59	39
57	2019	Taiwan	Bezzazi (b)	Article	Univ		Grammar (EFL)	81.58	4.72	67	76.69	5.08	65
58	2019	China	Feng & Feng	Article	College		Writing (Eng)	88.266	4.3778	52	81.152	6.2731	54
59	2019	Taiwan	Havwini & Wu	Article	Grade 11		General (EFL)	82.31	16.44	31	75	13.94	29
60	2019	Uzbekistan	Khadjeva	Article	univ		General (Eng for academic pu	79.41	7.35	30	72.04	9.63	30
61	2019	Turkey	Kirmizi & Kömeç (b)	Article	Grade 10		Vocabulary (Eng)	74.75	14.1333	28	72.75	15.38845	24
62	2019	Turkey	Yeşilçinar	Article	Univ		Speaking (EFL)	13.1364	2.407	11	10.614	1.567	11
63	2019	Indonesia	Mubarak, Cahyono, & A	Article	univ		Writing (EFL)	70.62	8.606	29	64.82	9.21	29
64	2019	Iran	Mohammadi, Barati, & Y	Article	Grade 11		General (EFL communicative	34.1667	4.59571	48	28.2128	9.73996	47
65	2019	Egypt	Masoud	Article	univ		General (EFL)	52.1	4.5	30	35.33	4.64	30
66	2019	Iraq	Qader, & Yalcin Arslan	Article	Univ		Writing (EFL)	6.17	1.72	34	5.31	1.76	32
67	2019	Indonesia	Suryati et al.	Article	univ/Nursing		Reading (EFL)	78.58	12.055	40	58.48	10.008	40
68	2019	Iran	Solmani, Ameri-Golestan, & Lotfi	Article	Adult-		General (EFL-IELTs)	2.87	0.12	30	2.46	0.1	30
69	2019	Iraq	Yahya	Article	Secondary school		General (Eng)	36.2	8.98	35	30.82	9.33	35
70	2019	Iran	Hamdani	Article	Grade 9		Listening (Eng)	2.63	0.913	38	2.540	1.070	39